



Rango	no.	Cognome	Anno	Team/Club	Luogo	ZZ	Tempo	Distacco	Dietro
Gare adulti (m),7 km									
1.	42	MARANI Tommaso	1999	SAL Lugano	Viganello	9	23:40	-	-
2.	19	PEZZANI Luca	1987	OCR Ticino	Moleno	9	25:07	+1:27,0	+1:27,0
3.	40	GIAVINA Pietro	1999	Moesa Runners	Ornavasso (VB)	9	25:21	+1:41,0	+0:14,0
4.	52	BELLAVIA Francesco	1988	GS Bernatese	Colverde (CO)	9	25:28	+1:48,0	+0:07,0
5.	56	OLIVA Jonas	2006	GAB Bellinzona	Motto Blenio	9	25:33	+1:53,0	+0:05,0
6.	17	BRENTINI Vincent	1990	OCR Ticino	Bellinzona	9	25:47	+2:07,0	+0:14,0
7.	31	STAMPANONI Elia	1977	USC Capriaschese	Bigorio	9	25:54	+2:14,0	+0:07,0
8.	55	BARLOGGIO Damiano	1984	CDO Bike e Run	Cugnasco	9	26:09	+2:29,0	+0:15,0
9.	43	DEMASI Danilo	1989	SAM Massagno	Veza	9	26:24	+2:44,0	+0:15,0
10.	46	ZANETTI Alessandro	1982	USC Capriaschese	Gravesano	9	26:43	+3:03,0	+0:19,0
11.	15	DOMENICONI Alex	1979	USC Capriaschese	Bidogno	9	26:43	+3:03,0	+0:00,0
12.	958	CALABRESI Nicola	1982		Pianezzo	9	26:44	+3:04,0	+0:01,0
13.	41	VEDOVATTI Luca	1990	Frecce Gialle Malcantone	Viganello	9	26:44	+3:04,0	+0:00,0
14.	855	MARTIGNONI Luca	1993	CDO Bike e Run	Losone	9	26:46	+3:06,0	+0:02,0
15.	33	CAVADINI Enrico	1968	RC Bellinzona	Bellinzona	9	27:01	+3:21,0	+0:15,0
16.	62	FERLENGHI Claudio	1973	Atletica Maccagno	Germignaga (VA)	9	27:53	+4:13,0	+0:52,0
17.	29	LORENZETTI Valerio	1974	USC Capriaschese	Curio	9	27:56	+4:16,0	+0:03,0
18.	66	MUREDDU Ralf	1967	USC Capriaschese	Tesserete	9	28:13	+4:33,0	+0:17,0
19.	57	NOTARI Toto	1981	Frecce Gialle Malcantone	S. Antonino	9	28:29	+4:49,0	+0:16,0



Rango	no.	Cognome	Anno	Team/Club	Luogo	ZZ	Tempo	Distacco	Dietro
20.	54	STROPPINI Igor	1993	CDO Bike&Run	Bellinzona	9	28:32	+4:52,0	+0:03,0
21.	22	MALNATI Andrea	1977	OCR Ticino	Mezzovico	9	28:33	+4:53,0	+0:01,0
22.	48	POLETTI Luca	2000	OCR Ticino	Villa Luganese	9	28:39	+4:59,0	+0:06,0
23.	34	GENOVESE Gaetano	1959	RC Bellinzona	S. Antonino	9	29:00	+5:20,0	+0:21,0
24.	32	CAMPORATI Antonio	1971	RC Bellinzona	Cadempino	9	29:32	+5:52,0	+0:32,0
25.	67	OBERTI Marco	1964	SAM Massagno	Biasca	9	29:58	+6:18,0	+0:26,0
26.	857	GALLI Stefano	1977	Triathlon Team Ticino	Lugano	9	30:12	+6:32,0	+0:14,0
27.	25	ANDERLINI Jonathan	1989	OCR Ticino	Cureglia	9	30:33	+6:53,0	+0:21,0
28.	45	MARGOLER Michele	1986		Lugano	9	30:39	+6:59,0	+0:06,0
29.	69	BENINCA Alessio	1971	Frecce Gialle Malcantone	Agno	9	30:40	+7:00,0	+0:01,0
30.	60	PERSEGHINI Mauro	1975	USC Capriaschese	Biasca	9	30:49	+7:09,0	+0:09,0
31.	65	ROTA Gabriele	2006		Comano	9	31:08	+7:28,0	+0:19,0
32.	28	BRUSORIO Claudio	1959	SFG Biasca	Lodrino	9	31:34	+7:54,0	+0:26,0
33.	26	SEBASTIANI Mirko	1991	OCR Ticino	Lugano	9	31:40	+8:00,0	+0:06,0
34.	70	FOLETTI Giorgio	1964	Malcantones a spass	Magliaso	9	32:05	+8:25,0	+0:25,0
35.	959	PURICELLI Christian	1985		Porza	9	32:17	+8:37,0	+0:12,0
36.	1	SPOTO Francesco	1985		Comano	9	32:17	+8:37,0	+0:00,0
37.	24	BERGER Christian	1977	OCR Ticino	Torricella	9	32:24	+8:44,0	+0:07,0
38.	49	PARA Davide	1990		Comano	9	32:29	+8:49,0	+0:05,0
39.	20	BARUSCO Fabio	1986	OCR Ticino	Caslano	9	32:34	+8:54,0	+0:05,0



Rango	no.	Cognome	Anno	Team/Club	Luogo	ZZ	Tempo	Distacco	Dietro
40.	717	BOTTINI Luis	1977	SAM Massagno	Lugano	9	32:44	+9:04,0	+0:10,0
41.	1007	VACCARO Domenico	1985		Comano	9	32:45	+9:05,0	+0:01,0
42.	12	KRÜLL Joël	1983	Triathlon Team Ticino	Bioggio	9	32:54	+9:14,0	+0:09,0
43.	14	COTTU Sandro	1975		Comano	9	32:59	+9:19,0	+0:05,0
44.	47	REZZONICO Nicola	1976		Porza	9	33:04	+9:24,0	+0:05,0
45.	58	BALMELLI Davide	1981		Sorengo	9	33:09	+9:29,0	+0:05,0
46.	38	BUCKLEY David	1963	SAL Lugano	Montagnola	9	33:22	+9:42,0	+0:13,0
47.	13	BORSESE Gabriel	2007		Comano	9	33:46	+10:06,0	+0:24,0
48.	23	CAVALIERO Andrea	1982	OCR Ticino	Claro	9	33:52	+10:12,0	+0:06,0
49.	5	BIANCHI Elia	1990		Mesocco	9	34:03	+10:23,0	+0:11,0
50.	44	MARGOLER Enrico	1955		Lugano	9	34:09	+10:29,0	+0:06,0
51.	39	MOTTA Giorgio	1977	SAL Lugano	Pregassona	9	34:27	+10:47,0	+0:18,0
52.	10	BORSESE Mario	1971	Triathlon Team Ticino	Comano	9	34:27	+10:47,0	+0:00,0
53.	3	COSTANTINI Riccardo	1984		Rovio	9	34:29	+10:49,0	+0:02,0
54.	11	BERNASCONI Didier	1998		Comano	9	34:32	+10:52,0	+0:03,0
55.	9	BERETTA Adriano	1970	SP Locarnese	Arcegno	9	34:40	+11:00,0	+0:08,0
56.	36	SIDOLI Giuseppe	1967	SAL Lugano	Lugano	9	34:43	+11:03,0	+0:03,0
57.	37	PAGNAMENTA Gionata	1990		Comano	9	34:55	+11:15,0	+0:12,0
58.	854	FERRINI Andrea	1990		Savosa	9	35:01	+11:21,0	+0:06,0
59.	21	BRNIC Danijel	1982	OCR Ticino	Gentilino	9	35:15	+11:35,0	+0:14,0



Rango	no.	Cognome	Anno	Team/Club	Luogo	ZZ	Tempo	Distacco	Dietro
60.	68	BRONDOLO Stefano	1967	Cice Team	Cureglia	9	35:17	+11:37,0	+0:02,0
61.	63	BALMELLI Riccardo	1973		Comano	9	35:17	+11:37,0	+0:00,0
62.	50	DE PIERI Davide	1976		Abbiategrosso (MI)	9	35:30	+11:50,0	+0:13,0
63.	53	CRESTA Soccorso	1956	SAM Massagno	Breganzona	9	35:38	+11:58,0	+0:08,0
64.	7	RANDO Massimo	1980		Bellinzona	9	35:39	+11:59,0	+0:01,0
65.	856	TOSCANELLI Gianluca	1986		Villa Luganese	9	35:49	+12:09,0	+0:10,0
66.	59	BERGOMI Saul	1985		Camignolo	9	36:19	+12:39,0	+0:30,0
67.	956	MAFFONGELLI Mario	1951	SFG Stabio	San Pietro di Stabio	9	36:46	+13:06,0	+0:27,0
68.	858	PATUZZO Michele	1970	Mövat	Cadro	9	36:54	+13:14,0	+0:08,0
69.	957	RONCORONI Piero	1991	Osteria del Centro	Comano	9	37:29	+13:49,0	+0:35,0
70.	960	CATACCHIO Bruno	1977	SP Locarnese	Locarno	9	38:04	+14:24,0	+0:35,0
71.	579	REALINI Mauro	1966	SAM Massagno	Pregassona	9	38:41	+15:01,0	+0:37,0
72.	4	SCOTTO Yari Mattia	1987		Corsico (MI)	9	39:02	+15:22,0	+0:21,0
73.	853	CASANOVA Alessio	1983		Savosa	9	39:44	+16:04,0	+0:42,0
74.	6	BIANCHI Moreno	1958		Mesocco	9	40:28	+16:48,0	+0:44,0
75.	18	FERRETTI Rocco	1996	OCR Ticino	Muzzano	9	40:31	+16:51,0	+0:03,0
76.	30	PEDRAZZINI Simone	1989		Comano	9	42:24	+18:44,0	+1:53,0
77.	8	FABBRI Oliver	1976		Comano	9	42:27	+18:47,0	+0:03,0
78.	61	MARZULLO Alfonso	1980		Rivera	9	43:06	+19:26,0	+0:39,0
79.	64	AIELLO Paolo	1978		Comano	9	44:00	+20:20,0	+0:54,0



Rango	no.	Cognome	Anno	Team/Club	Luogo	ZZ	Tempo	Distacco	Dietro
Gare adulte (f), 7 km									
1.	103	SOLARI Sara	1997	SAM Massagno	Vezia	9	28:41	-	-
2.	125	BARLOGGIO Stefania	1983	CDO Bike e Run	Cugnasco	9	29:00	+0:19,0	+0:19,0
3.	124	MAGGETTI Cristina	2004	SP Locarnese	Verscio	9	30:23	+1:42,0	+1:23,0
4.	106	CUCCHI Cinzia	1980	Atletica Paratico	Talamona (SO)	9	30:29	+1:48,0	+0:06,0
5.	1006	FIORI-BALESTRA Carola	1970	RC Bellinzona	Lumino	9	30:37	+1:56,0	+0:08,0
6.	580	GUZZI Dalila	1992	GAB Bellinzona	Balerna	9	31:30	+2:49,0	+0:53,0
7.	128	GOOD Belinda	2000	Helvetia	St. Gallen	9	31:31	+2:50,0	+0:01,0
8.	112	BERGER Kalinka	1981	OCR Ticino	Torricella	9	32:24	+3:43,0	+0:53,0
9.	113	ASSUELLI Fabiola	1982	OCR Ticino	Cugnasco	9	32:50	+4:09,0	+0:26,0
10.	126	GADONI Valeria	1981	SAM Massagno	Cadempino	9	32:55	+4:14,0	+0:05,0
11.	119	MARTINI Michela	1988	Moving Polisportiva	Breganzona	9	33:08	+4:27,0	+0:13,0
12.	107	CAVALLI Giovanna	1959	Atletica Paratico	Mandello del Lario (LC)	9	34:01	+5:20,0	+0:53,0
13.	129	LEONARDI ORSO Leda	1974	AS Monteceneri	Camignolo	9	34:04	+5:23,0	+0:03,0
14.	102	NALIN Laura	1981		Bellinzona	9	34:18	+5:37,0	+0:14,0
15.	1009	GIANINI Caterina	1986	0-92 Piano di Magadino	Cadenazzo	9	34:36	+5:55,0	+0:18,0
16.	115	STAMPANONI Selina	2006	USC Capriaschese	Bigorio	9	34:45	+6:04,0	+0:09,0
17.	1008	CASPARIS Heather	1976	SP Locarnese	Losone	9	35:55	+7:14,0	+1:10,0
18.	109	DEVINCENTI Manuela	1973	Frecce Gialle Malcantone	Castelrotto	9	35:58	+7:17,0	+0:03,0
19.	120	CAISSUTTI Elsa	2008	USC Capriaschese	Lopagno	9	36:18	+7:37,0	+0:20,0



Rango	no.	Cognome	Anno	Team/Club	Luogo	ZZ	Tempo	Distacco	Dietro
20.	117	BARISON VERGANI Sabrina	1975	SAL Lugano	Pregassona	9	36:46	+8:05,0	+0:28,0
21.	1010	LÖHRER Simona	1982	TCCO	Comano	9	37:09	+8:28,0	+0:23,0
22.	108	SOLARI Natalia	1979		Pregassona	9	38:05	+9:24,0	+0:56,0
23.	116	STAMPANONI Olivia	2008	USC Capriaschese	Bigorio	9	38:13	+9:32,0	+0:08,0
24.	104	DALDINI Antonella	1968	SAM Massagno	Lugano	9	38:52	+10:11,0	+0:39,0
25.	114	CANTU Alessandra	1977	Triathlon Team Ticino	Comano	9	39:02	+10:21,0	+0:10,0
26.	110	MASTRODICASA Ebrisa	1990	OCR Ticino	Caslano	9	40:28	+11:47,0	+1:26,0
27.	122	RUSCA Patrizia	1960	C.O. Aget Lugano	Comano	9	41:25	+12:44,0	+0:57,0
28.	111	TACCHELLI Lara	1991	OCR Ticino	Moleno	9	41:54	+13:13,0	+0:29,0
29.	105	BORGNA Angela	1967	SFG Biasca	Biasca	9	42:07	+13:26,0	+0:13,0
30.	578	RIVERA Adele	1958	SFG Biasca	Magliaso	9	42:51	+14:10,0	+0:44,0
31.	130	BLAZEK Lucie-Anne	1984		Wallisellen	9	43:29	+14:48,0	+0:38,0
32.	118	AIELLO Noemi Maria	2000		Ligornetto	9	43:59	+15:18,0	+0:30,0
33.	123	PEDRAZZINI Chiara	1993		Comano	9	46:52	+18:11,0	+2:53,0
34.	121	ROY Rita	1972		Cureglia	9	47:28	+18:47,0	+0:36,0
<b>Gare popolari/e, 5,0 km</b>									
1.	234	MANTOVANI Mattia	2008		Comano	7	22:06	-	-
2.	202	POINTET Yves	1982	-	Canobbio	7	26:52	+4:46,0	+4:46,0
3.	235	PERRA Franco	1977		Gentilino	7	26:53	+4:47,0	+0:01,0
4.	201	SCHMASSMANN Valeria	1980		Gentilino	7	27:05	+4:59,0	+0:12,0



Rango	Rango	No.	Cognome	Anno	Team/Club	Luogo	Temp	Distacco	Geschlec
Gare adulti (m),7 km									
M U18 / U20									
1.	5.	56	OLIVA Jonas	2006	GAB Bellinzona	Motto Blenio	25:33	+1:53,0	m
2.	31.	65	ROTA Gabriele	2006		Comano	31:08	+7:28,0	m
3.	47.	13	BORSESE Gabriel	2007		Comano	33:46	+10:06,0	m
M 70									
1.	67.	956	MAFFONGELLI Mario	1951	SFG Stabio	San Pietro di Stabio	36:46	+13:06,0	m
M 60									
1.	23.	34	GENOVESE Gaetano	1959	RC Bellinzona	S. Antonino	29:00	+5:20,0	m
2.	25.	67	OBERTI Marco	1964	SAM Massagno	Biasca	29:58	+6:18,0	m
3.	32.	28	BRUSORIO Claudio	1959	SFG Biasca	Lodrino	31:34	+7:54,0	m
4.	34.	70	FOLETTI Giorgio	1964	Malcantones a spass	Magliaso	32:05	+8:25,0	m
5.	46.	38	BUCKLEY David	1963	SAL Lugano	Montagnola	33:22	+9:42,0	m
6.	50.	44	MARGOLER Enrico	1955		Lugano	34:09	+10:29,0	m
7.	63.	53	CRESTA Soccorso	1956	SAM Massagno	Breganzona	35:38	+11:58,0	m
8.	74.	6	BIANCHI Moreno	1958		Mesocco	40:28	+16:48,0	m
M 50									
1.	15.	33	CAVADINI Enrico	1968	RC Bellinzona	Bellinzona	27:01	+3:21,0	m
2.	16.	62	FERLENGHI Claudio	1973	Atletica Maccagno	Germignaga (VA)	27:53	+4:13,0	m
3.	17.	29	LORENZETTI Valerio	1974	USC Capriaschese	Curio	27:56	+4:16,0	m



Rango	Rango	No.	Cognome	Anno	Team/Club	Luogo	Temp	Distacco	Geschlec
4.	18.	66	MUREDDU Ralf	1967	USC Capriaschese	Tesserete	28:13	+4:33,0	m
5.	24.	32	CAMPORATI Antonio	1971	RC Bellinzona	Cadempino	29:32	+5:52,0	m
6.	29.	69	BENINCA Alessio	1971	Frecce Gialle Malcantone	Agno	30:40	+7:00,0	m
7.	52.	10	BORSESE Mario	1971	Triathlon Team Ticino	Comano	34:27	+10:47,0	m
8.	55.	9	BERETTA Adriano	1970	SP Locarnese	Arcegno	34:40	+11:00,0	m
9.	56.	36	SIDOLI Giuseppe	1967	SAL Lugano	Lugano	34:43	+11:03,0	m
10.	60.	68	BRONDOLO Stefano	1967	Cice Team	Cureglia	35:17	+11:37,0	m
11.	61.	63	BALMELLI Riccardo	1973		Comano	35:17	+11:37,0	m
12.	68.	858	PATUZZO Michele	1970	Mövat	Cadro	36:54	+13:14,0	m
13.	71.	579	REALINI Mauro	1966	SAM Massagno	Pregassona	38:41	+15:01,0	m
<b>M 40</b>									
1.	7.	31	STAMPANONI Elia	1977	USC Capriaschese	Bigorio	25:54	+2:14,0	m
2.	8.	55	BARLOGGIO Damiano	1984	CDO Bike e Run	Cugnasco	26:09	+2:29,0	m
3.	10.	46	ZANETTI Alessandro	1982	USC Capriaschese	Gravesano	26:43	+3:03,0	m
4.	11.	15	DOMENICONI Alex	1979	USC Capriaschese	Bidogno	26:43	+3:03,0	m
5.	12.	958	CALABRESI Nicola	1982		Pianezzo	26:44	+3:04,0	m
6.	19.	57	NOTARI Toto	1981	Frecce Gialle Malcantone	S. Antonino	28:29	+4:49,0	m
7.	21.	22	MALNATI Andrea	1977	OCR Ticino	Mezzovico	28:33	+4:53,0	m
8.	26.	857	GALLI Stefano	1977	Triathlon Team Ticino	Lugano	30:12	+6:32,0	m
9.	30.	60	PERSEGHINI Mauro	1975	USC Capriaschese	Biasca	30:49	+7:09,0	m





Rango	Rango	No.	Cognome	Anno	Team/Club	Luogo	Temp	Distacco	Geschlec
10.	37.	24	BERGER Christian	1977	OCR Ticino	Torricella	32:24	+8:44,0	m
11.	40.	717	BOTTINI Luis	1977	SAM Massagno	Lugano	32:44	+9:04,0	m
12.	42.	12	KRÜLL Joël	1983	Triathlon Team Ticino	Bioggio	32:54	+9:14,0	m
13.	43.	14	COTTU Sandro	1975		Comano	32:59	+9:19,0	m
14.	44.	47	REZZONICO Nicola	1976		Porza	33:04	+9:24,0	m
15.	45.	58	BALMELLI Davide	1981		Sorengo	33:09	+9:29,0	m
16.	48.	23	CAVALIERO Andrea	1982	OCR Ticino	Claro	33:52	+10:12,0	m
17.	51.	39	MOTTA Giorgio	1977	SAL Lugano	Pregassona	34:27	+10:47,0	m
18.	53.	3	COSTANTINI Riccardo	1984		Rovio	34:29	+10:49,0	m
19.	59.	21	BRNIC Danijel	1982	OCR Ticino	Gentilino	35:15	+11:35,0	m
20.	62.	50	DE PIERI Davide	1976		Abbiategrasso (MI)	35:30	+11:50,0	m
21.	64.	7	RANDO Massimo	1980		Bellinzona	35:39	+11:59,0	m
22.	70.	960	CATACCHIO Bruno	1977	SP Locarnese	Locarno	38:04	+14:24,0	m
23.	73.	853	CASANOVA Alessio	1983		Savosa	39:44	+16:04,0	m
24.	77.	8	FABBRI Oliver	1976		Comano	42:27	+18:47,0	m
25.	78.	61	MARZULLO Alfonso	1980		Rivera	43:06	+19:26,0	m
26.	79.	64	AIELLO Paolo	1978		Comano	44:00	+20:20,0	m
<b>M 20</b>									
1.	1.	42	MARANI Tommaso	1999	SAL Lugano	Viganello	23:40	-	m
2.	2.	19	PEZZANI Luca	1987	OCR Ticino	Moleno	25:07	+1:27,0	m



Rango	Rango	No.	Cognome	Anno	Team/Club	Luogo	Temp	Distacco	Geschlec
3.	3.	40	GIAVINA Pietro	1999	Moesa Runners	Ornavasso (VB)	25:21	+1:41,0	m
4.	4.	52	BELLAVIA Francesco	1988	GS Bernatese	Colverde (CO)	25:28	+1:48,0	m
5.	6.	17	BRENTINI Vincent	1990	OCR Ticino	Bellinzona	25:47	+2:07,0	m
6.	9.	43	DEMASI Danilo	1989	SAM Massagno	Vezia	26:24	+2:44,0	m
7.	13.	41	VEDOVATTI Luca	1990	Frecce Gialle Malcantone	Viganello	26:44	+3:04,0	m
8.	14.	855	MARTIGNONI Luca	1993	CDO Bike e Run	Losone	26:46	+3:06,0	m
9.	20.	54	STROPPINI Igor	1993	CDO Bike&Run	Bellinzona	28:32	+4:52,0	m
10.	22.	48	POLETTI Luca	2000	OCR Ticino	Villa Luganese	28:39	+4:59,0	m
11.	27.	25	ANDERLINI Jonathan	1989	OCR Ticino	Cureglia	30:33	+6:53,0	m
12.	28.	45	MARGOLER Michele	1986		Lugano	30:39	+6:59,0	m
13.	33.	26	SEBASTIANI Mirko	1991	OCR Ticino	Lugano	31:40	+8:00,0	m
14.	35.	959	PURICELLI Christian	1985		Porza	32:17	+8:37,0	m
15.	36.	1	SPOTO Francesco	1985		Comano	32:17	+8:37,0	m
16.	38.	49	PARA Davide	1990		Comano	32:29	+8:49,0	m
17.	39.	20	BARUSCO Fabio	1986	OCR Ticino	Caslano	32:34	+8:54,0	m
18.	41.	1007	VACCARO Domenico	1985		Comano	32:45	+9:05,0	m
19.	49.	5	BIANCHI Elia	1990		Mesocco	34:03	+10:23,0	m
20.	54.	11	BERNASCONI Didier	1998		Comano	34:32	+10:52,0	m
21.	57.	37	PAGNAMENTA Gionata	1990		Comano	34:55	+11:15,0	m
22.	58.	854	FERRINI Andrea	1990		Savosa	35:01	+11:21,0	m



Rango	Rango	No.	Cognome	Anno	Team/Club	Luogo	Temp	Distacco	Geschlec
23.	65.	856	TOSCANELLI Gianluca	1986		Villa Luganese	35:49	+12:09,0	m
24.	66.	59	BERGOMI Saul	1985		Camignolo	36:19	+12:39,0	m
25.	69.	957	RONCORONI Piero	1991	Osteria del Centro	Comano	37:29	+13:49,0	m
26.	72.	4	SCOTTO Yari Mattia	1987		Corsico (MI)	39:02	+15:22,0	m
27.	75.	18	FERRETTI Rocco	1996	OCR Ticino	Muzzano	40:31	+16:51,0	m
28.	76.	30	PEDRAZZINI Simone	1989		Comano	42:24	+18:44,0	m



Rango	Rango	No.	Cognome	Anno	Team/Club	Luogo	Temp	Distacco	Geschlec
Gare adulte (f), 7 km									
F U18 / U20									
1.	16.	115	STAMPANONI Selina	2006	USC Capriaschese	Bigorio	34:45	+6:04,0	f
2.	19.	120	CAISSUTTI Elsa	2008	USC Capriaschese	Lopagno	36:18	+7:37,0	f
3.	23.	116	STAMPANONI Olivia	2008	USC Capriaschese	Bigorio	38:13	+9:32,0	f
F 60									
1.	12.	107	CAVALLI Giovanna	1959	Atletica Paratico	Mandello del Lario	34:01	+5:20,0	f
2.	27.	122	RUSCA Patrizia	1960	C.O. Aget Lugano	Comano	41:25	+12:44,0	f
3.	30.	578	RIVERA Adele	1958	SFG Biasca	Magliaso	42:51	+14:10,0	f
F 50									
1.	5.	1006	FIORI-BALESTRA Carola	1970	RC Bellinzona	Lumino	30:37	+1:56,0	f
2.	13.	129	LEONARDI ORSO Leda	1974	AS Monteceneri	Camignolo	34:04	+5:23,0	f
3.	18.	109	DEVINCENTI Manuela	1973	Frecce Gialle Malcantone	Castelrotto	35:58	+7:17,0	f
4.	24.	104	DALDINI Antonella	1968	SAM Massagno	Lugano	38:52	+10:11,0	f
5.	29.	105	BORGNA Angela	1967	SFG Biasca	Biasca	42:07	+13:26,0	f
6.	34.	121	ROY Rita	1972		Cureglia	47:28	+18:47,0	f
F 40									
1.	2.	125	BARLOGGIO Stefania	1983	CDO Bike e Run	Cugnasco	29:00	+0:19,0	f
2.	4.	106	CUCCHI Cinzia	1980	Atletica Paratico	Talamona (SO)	30:29	+1:48,0	f
3.	8.	112	BERGER Kalinka	1981	OCR Ticino	Torricella	32:24	+3:43,0	f



Rango	Rango	No.	Cognome	Anno	Team/Club	Luogo	Temp	Distacco	Geschlec
4.	9.	113	ASSUELLI Fabiola	1982	OCR Ticino	Cugnasco	32:50	+4:09,0	f
5.	10.	126	GADONI Valeria	1981	SAM Massagno	Cadempino	32:55	+4:14,0	f
6.	14.	102	NALIN Laura	1981		Bellinzona	34:18	+5:37,0	f
7.	17.	1008	CASPARIS Heather	1976	SP Locarnese	Losone	35:55	+7:14,0	f
8.	20.	117	BARISON VERGANI Sabrina	1975	SAL Lugano	Pregassona	36:46	+8:05,0	f
9.	21.	1010	LÖHRER Simona	1982	TCCO	Comano	37:09	+8:28,0	f
10.	22.	108	SOLARI Natalia	1979		Pregassona	38:05	+9:24,0	f
11.	25.	114	CANTU Alessandra	1977	Triathlon Team Ticino	Comano	39:02	+10:21,0	f
12.	31.	130	BLAZEK Lucie-Anne	1984		Wallisellen	43:29	+14:48,0	f
<b>F 20</b>									
1.	1.	103	SOLARI Sara	1997	SAM Massagno	Veza	28:41	-	f
2.	3.	124	MAGGETTI Cristina	2004	SP Locarnese	Verscio	30:23	+1:42,0	f
3.	6.	580	GUZZI Dalila	1992	GAB Bellinzona	Balerna	31:30	+2:49,0	f
4.	7.	128	GOOD Belinda	2000	Helvetia	St. Gallen	31:31	+2:50,0	f
5.	11.	119	MARTINI Michela	1988	Moving Polisportiva	Breganzona	33:08	+4:27,0	f
6.	15.	1009	GIANINI Caterina	1986	0-92 Piano di Magadino	Cadenazzo	34:36	+5:55,0	f
7.	26.	110	MASTRODICASA Ebrisa	1990	OCR Ticino	Caslano	40:28	+11:47,0	f
8.	28.	111	TACCHELLI Lara	1991	OCR Ticino	Moleno	41:54	+13:13,0	f
9.	32.	118	AIELLO Noemi Maria	2000		Ligornetto	43:59	+15:18,0	f
10.	33.	123	PEDRAZZINI Chiara	1993		Comano	46:52	+18:11,0	f



Rango	Rango	No.	Cognome	Anno	Team/Club	Luogo	Temp	Distacco	Geschlec
Gare popolari/e, 5,0 km									
Gara popolari m									
1.	1.	234	MANTOVANI Mattia	2008		Comano	22:06	-	m
2.	2.	202	POINTET Yves	1982	-	Canobbio	26:52	+4:46,0	m
3.	3.	235	PERRA Franco	1977		Gentilino	26:53	+4:47,0	m
4.	11.	206	BISSOLOTTI Roberto	1983		Comano	32:02	+9:56,0	m
Gara popolari f									
1.	4.	201	SCHMASSMANN Valeria	1980		Gentilino	27:05	+4:59,0	f
2.	5.	127	KÜNZLI Dominique	2000	Helvetia	Wil SG	27:10	+5:04,0	f
3.	6.	207	BELTRAMI Elena Dunya	1981		Cagiallo	27:36	+5:30,0	f
4.	7.	208	FIORONI Valeria	1995		Massagno	28:20	+6:14,0	f
5.	8.	204	D'ELIA Daniela	1972	Team Ellis 1978	Pregassona	30:54	+8:48,0	f
6.	9.	237	SCHWARZENBACH Miriam	1989		Novaggio	31:00	+8:54,0	f
7.	10.	205	MAROGNA Chiara	1981		Comano	31:25	+9:19,0	f
8.	12.	236	RUSCA Paola	1987		Comano	32:38	+10:32,0	f
9.	13.	209	CINAGLIA LOPES Jennifer	1986		Canobbio	38:50	+16:44,0	f



Rango	Rango	No.	Cognome	Anno	Team/Club	Luogo	Temp	Distacco	Geschlec
Piccoli/e, 0,2 km									
Piccoli m									
1.	1.	386	STEKEL Edoardo	2018	HC Lugano Sezione Giovanile	Comano	0:54	-	m
2.	4.	372	PARISI Michele	2018		Caslano	1:02	+0:08,0	m
3.	5.	318	LAFRANCHI Luca	2018		Comano	1:03	+0:09,0	m
4.	6.	383	MINELLI Enea	2018	HC Lugano Sezione Giovanile	Lugano	1:03	+0:09,0	m
5.	7.	379	BOTTANI Samuel	2018	HC Lugano Sezione Giovanile	Lugano	1:03	+0:09,0	m
6.	8.	368	STORCHENEGGER Fynn	2018	Frecce Gialle Malcantone	Castelrotto	1:04	+0:10,0	m
7.	9.	355	PURICELLI Marco	2018	Comacina	Porza	1:04	+0:10,0	m
8.	10.	769	CASSANO Nicolò	2018		Comano	1:05	+0:11,0	m
9.	12.	775	SCHNEIDER Leonardo	2018		Gümligen	1:08	+0:14,0	m
10.	14.	375	RANOCCHIO Nicolo	2018	HC Lugano Sezione Giovanile	Lugano	1:09	+0:15,0	m
11.	16.	348	MORANDA Tobia	2018		Comano	1:10	+0:16,0	m
12.	20.	333	POINTET Théo	2019	-	Canobbio	1:13	+0:19,0	m
13.	25.	399	CARUSO Alex	2019		Sonvico	1:19	+0:25,0	m
14.	28.	334	PALUMBO Samuel	2018		Canobbio	1:21	+0:27,0	m
15.	29.	389	ARNOLD Gabriel	2019		Lugano	1:22	+0:28,0	m
16.	30.	387	BERNASCONI Robin	2019		Ponte Capriasca	1:22	+0:28,0	m
17.	32.	780	CHIANDUSSI Mathis	2019		Davesco-Soragno	1:23	+0:29,0	m
18.	33.	374	BOFFI Edoardo	2019		Porza	1:24	+0:30,0	m



Rango	Rango	No.	Cognome	Anno	Team/Club	Luogo	Temp	Distacco	Geschlec
19.	34.	360	BINDA Paolo	2018		Pregassona	1:25	+0:31,0	m
20.	35.	317	BRUGNANO Liam	2019		Comano	1:25	+0:31,0	m
21.	36.	341	SWENSAN Nicholas	2018		Comano	1:25	+0:31,0	m
22.	37.	378	BORNATICO Geo	2018	HC Lugano Sezione Giovanile	Lugano	1:26	+0:32,0	m
23.	38.	392	VISANI Gioele	2019		Comano	1:27	+0:33,0	m
24.	40.	367	LAMACCHIA Daniele	2019		Lugano	1:28	+0:34,0	m
25.	41.	369	BRACCHI Ludovico	2020		Locarno	1:29	+0:35,0	m
26.	43.	354	BELTRAMI Mael Oscar Joy	2019		Cagiallo	1:30	+0:36,0	m
27.	44.	307	RAMÍREZ MAC-LEAN Diego	2018		Ponte Capriasca	1:30	+0:36,0	m
28.	46.	1001	NUEF Alessandro	2019		Sala Capriasca	1:34	+0:40,0	m
29.	48.	366	CAMPAGNA Zeno	2020		Comano	1:36	+0:42,0	m
30.	51.	342	OSTINI Paride	2020		Comano	1:38	+0:44,0	m
31.	52.	339	GUGGIARI Federico	2019	C.O. AGET Lugano	Gravesano	1:40	+0:46,0	m
32.	55.	324	GIANOLA Manuel	2021		Veza	1:42	+0:48,0	m
33.	56.	351	HARDMEIER Joshua	2019		Cagiallo	1:43	+0:49,0	m
34.	57.	357	PIZZALI Raffaele David	2019		Caslano	1:45	+0:51,0	m
35.	59.	768	DE PIERI Daniele	2018		Abbiategrosso (MI)	1:46	+0:52,0	m
36.	61.	349	MORANDA Miró	2020		Comano	1:48	+0:54,0	m
37.	63.	336	PARISE Nathan	2020		Taverne	1:50	+0:56,0	m
38.	66.	323	MANNI Oliver	2019		Bioggio	1:54	+1:00,0	m





Rango	Rango	No.	Cognome	Anno	Team/Club	Luogo	Temp	Distacco	Geschlec
39.	67.	322	MANNI Athos	2019		Bioggio	1:55	+1:01,0	m
40.	70.	344	VAILATI Gabriele	2020		Ponte Capriasca	1:56	+1:02,0	m
41.	71.	343	ZACCARIA Brian	2019		Comano	1:56	+1:02,0	m
42.	73.	356	PURICELLI Alex	2021	Comacina	Porza	2:01	+1:07,0	m
43.	78.	771	MARIOTTI NESURINI Carlo	2020		Sala Capriasca	2:11	+1:17,0	m
44.	81.	311	FICO Matteo	2021		Ponte Capriasca	2:18	+1:24,0	m
45.	85.	352	BINI Thiago	2020		Lugaggia	2:41	+1:47,0	m
46.	86.	362	SCARPOLINI Leonardo	2021		Tesserete	2:41	+1:47,0	m
47.	88.	309	CONCONI Etienne	2022		Ponte Capriasca	2:44	+1:50,0	m
48.	90.	772	DEMASI Gabriel	2021	SAM Massagno	Vezia	2:45	+1:51,0	m
49.	92.	340	GUGGIARI Stefano	2022	C.O. AGET Lugano	Gravesano	3:13	+2:19,0	m
<b>Piccoli f</b>									
1.	2.	326	CURTI Lynn	2018		Manno	0:58	+0:04,0	f
2.	3.	370	PETRINI Lina	2018	USC Capriaschese	Comano	0:59	+0:05,0	f
3.	11.	400	ZANETTI Flora	2018	USC Capriaschese	Gravesano	1:05	+0:11,0	f
4.	13.	390	CAVERZASI Giulia	2019		Origlio	1:09	+0:15,0	f
5.	15.	363	AIELLO Sofia	2018		Comano	1:10	+0:16,0	f
6.	17.	365	GUYAZ Vassilissa	2019		Massagno	1:11	+0:17,0	f
7.	18.	325	BERNASCONI Stella	2018		Comano	1:13	+0:19,0	f
8.	19.	774	MENGHINI Chiara	2018		Comano	1:13	+0:19,0	f



Rango	Rango	No.	Cognome	Anno	Team/Club	Luogo	Temp	Distacco	Geschlec
9.	21.	350	ANZINI Beatrice	2018		Cureglia	1:15	+0:21,0	f
10.	22.	773	MENGHINI Mila	2018		Comano	1:16	+0:22,0	f
11.	23.	779	GADONI Greta	2018	SAM Massagno	Cadempino	1:17	+0:23,0	f
12.	24.	337	REZZONICO Emilie	2018		Cureglia	1:18	+0:24,0	f
13.	26.	347	RATTI Camilla	2019		Comano	1:20	+0:26,0	f
14.	27.	394	BISSOLOTTI Ginevra	2018		Comano	1:21	+0:27,0	f
15.	31.	338	REZZONICO Melanie	2018		Cureglia	1:22	+0:28,0	f
16.	39.	397	CAMPAGNA Cloe	2018		Comano	1:28	+0:34,0	f
17.	42.	393	STAMPANONI Lisa	2018	USC Capriaschese	Bigorio	1:30	+0:36,0	f
18.	45.	358	MATASCI Ginevra	2019		Comano	1:32	+0:38,0	f
19.	47.	312	BOVA Sofia Ginevra	2018		Pregassona	1:36	+0:42,0	f
20.	49.	310	FICO Alice	2018		Ponte Capriasca	1:37	+0:43,0	f
21.	50.	304	SPOTO Victoria	2018		Comano	1:37	+0:43,0	f
22.	53.	335	SOLDINI Enya	2019		Comano	1:41	+0:47,0	f
23.	54.	353	HILTBRAND Sina Elena	2019		Novaggio	1:42	+0:48,0	f
24.	58.	306	RAMÍREZ MAC-LEAN Sofia	2019		Ponte Capriasca	1:45	+0:51,0	f
25.	60.	321	AGOSTINI Naomi	2020		Comano	1:47	+0:53,0	f
26.	62.	315	RUGOLO Noemi	2018		Ponte Capriasca	1:48	+0:54,0	f
27.	64.	777	PATTERSON Annabel	2020		Bosco Luganese	1:53	+0:59,0	f
28.	65.	776	BALMELLI Estelle	2021		Sorengo	1:54	+1:00,0	f



Rango	Rango	No.	Cognome	Anno	Team/Club	Luogo	Temp	Distacco	Geschlec
29.	68.	302	GUBINELLI Sabrina	2019		Ponte Capriasca	1:56	+1:02,0	f
30.	69.	303	GUBINELLI Sofia	2019		Ponte Capriasca	1:56	+1:02,0	f
31.	72.	1002	PETRINI Hayley	2019		Comano	2:01	+1:07,0	f
32.	74.	1003	PETRINI Kaitlyn	2018		Comano	2:02	+1:08,0	f
33.	75.	308	CONCONI Liya	2019		Ponte Capriasca	2:06	+1:12,0	f
34.	76.	316	CALDI Adele	2019		Ponte Capriasca	2:06	+1:12,0	f
35.	77.	778	CHIESA Aurora	2020	BarbeGemelleRunning Team	Comano	2:07	+1:13,0	f
36.	79.	364	CRIVELLI Emma	2020		Breganzona	2:12	+1:18,0	f
37.	80.	398	CINAGLIA FUGOLIN Stella	2019		Canobbio	2:17	+1:23,0	f
38.	82.	770	GIORGI Beatrice Vittoria	2020		Comano	2:22	+1:28,0	f
39.	83.	359	MATASCI Vittoria	2022		Comano	2:33	+1:39,0	f
40.	84.	331	PELLANDINI Bianca	2020		Lugaggia	2:34	+1:40,0	f
41.	87.	361	LAAKSO Eevi	2021		Cadempino	2:41	+1:47,0	f
42.	89.	345	VAILATI Caterina	2021		Ponte Capriasca	2:45	+1:51,0	f
43.	91.	388	BERNASCONI Elin	2021		Ponte Capriasca	2:53	+1:59,0	f
DSQ	DSQ	575	CUENAT Lucas	2016		Cadenazzo	DSQ	DSQ	m



Rango	Rango	No.	Cognome	Anno	Team/Club	Luogo	Temp	Distacco	Geschlec
Bambini/e, 0,6 km									
Bambini m									
1.	1.	463	GRISONI Matthew	2015	HC Lugano Sezione Giovanile	Lugano	1:59	-	m
2.	2.	460	GADONI Lev	2015	HC Lugano Sezione Giovanile	Lugano	2:00	+0:01,0	m
3.	3.	401	STEKEL Matteo	2015	Greenhope	Comano	2:04	+0:05,0	m
4.	8.	403	MERAZZI Samuele	2016		Comano	2:13	+0:14,0	m
5.	10.	414	DESTEFANI Alex	2017		Villa Luganese	2:15	+0:16,0	m
6.	11.	428	MU Lucas	2016	GAB Bellinzona	Pianezzo	2:20	+0:21,0	m
7.	12.	430	BARLETTA Jonas	2015		Comano	2:23	+0:24,0	m
8.	13.	523	MARTINEZ Fabian	2017	HC Lugano Sezione Giovanile	Lugano	2:24	+0:25,0	m
9.	15.	483	BORTONE Leonardo	2016	HC Lugano Sezione Giovanile	Lugano	2:25	+0:26,0	m
10.	16.	409	VARGIU Nathan	2015	USC Capriaschese	Comano	2:25	+0:26,0	m
11.	19.	434	PONGELLI Roger	2016	USC Capriaschese	Rivera	2:28	+0:29,0	m
12.	22.	420	BOLGIANI Nicolo'	2016		Comano	2:29	+0:30,0	m
13.	24.	439	BRACCHI Luca	2015	Virtus Locarno	Locarno	2:30	+0:31,0	m
14.	26.	435	SABBADINI Oliver	2017		Comano	2:31	+0:32,0	m
15.	27.	538	ARNOLD Benjamin	2017		Lugano	2:31	+0:32,0	m
16.	28.	450	PERROTTI Tyler	2015	HC Lugano Sezione Giovanile	Lugano	2:32	+0:33,0	m
17.	29.	464	KUZNETSOV Alexandr	2015	HC Lugano Sezione Giovanile	Lugano	2:32	+0:33,0	m
18.	30.	491	NAEF Achille	2016	HC Lugano Sezione Giovanile	Lugano	2:33	+0:34,0	m



Rango	Rango	No.	Cognome	Anno	Team/Club	Luogo	Temp	Distacco	Geschlec
19.	31.	517	GOESTERIS Jonas	2017	HC Lugano Sezione Giovanile	Lugano	2:34	+0:35,0	m
20.	33.	532	GRISONI James	2017	HC Lugano Sezione Giovanile	Lugano	2:36	+0:37,0	m
21.	37.	534	SALA Lukas	2017	HC Lugano Sezione Giovanile	Lugano	2:38	+0:39,0	m
22.	40.	525	MONGODI Miro	2017	HC Lugano Sezione Giovanile	Lugano	2:39	+0:40,0	m
23.	42.	473	VERRENGIA Eita	2015	HC Lugano Sezione Giovanile	Lugano	2:40	+0:41,0	m
24.	43.	417	AGOSTINI Nicola	2016	-	Comano	2:41	+0:42,0	m
25.	44.	465	LAVIZZARI Elia	2015	HC Lugano Sezione Giovanile	Lugano	2:42	+0:43,0	m
26.	45.	427	BELLOTTI Owen	2016	Team Triathlon Capriasca	Rivera	2:42	+0:43,0	m
27.	46.	426	SWENSAN Mattias	2016		Comano	2:42	+0:43,0	m
28.	47.	418	AGOSTINI Leonardo	2017		Comano	2:43	+0:44,0	m
29.	48.	413	CARLETTA Alessio	2016		Comano	2:43	+0:44,0	m
30.	49.	569	NANNI Ettore	2016		Lugano	2:43	+0:44,0	m
31.	50.	529	ROBBIANI Dario Filippo	2017	HC Lugano Sezione Giovanile	Lugano	2:44	+0:45,0	m
32.	51.	405	PIANO Daniele	2016		Comano	2:44	+0:45,0	m
33.	52.	458	FAROPPA Ares	2015	HC Lugano Sezione Giovanile	Lugano	2:44	+0:45,0	m
34.	54.	539	CHIESA Antonio	2016		Comano	2:45	+0:46,0	m
35.	57.	423	SOLDINI Noah	2017		Comano	2:47	+0:48,0	m
36.	58.	454	ALBERTI Samuel	2015	HC Lugano Sezione Giovanile	Lugano	2:47	+0:48,0	m
37.	59.	533	LAAKSO Finn	2017	HC Lugano Sezione Giovanile	Lugano	2:47	+0:48,0	m
38.	60.	5000	50006 N.n. (chip 203)	2015			2:47	+0:48,0	m



Rango	Rango	No.	Cognome	Anno	Team/Club	Luogo	Temp	Distacco	Geschlec
39.	61.	516	GIACOMINI Andrea	2017	HC Lugano Sezione Giovanile	Lugano	2:48	+0:49,0	m
40.	62.	537	BIGA Leonardo	2017		Comano	2:48	+0:49,0	m
41.	63.	411	LAFRANCHI Davide	2015		Comano	2:49	+0:50,0	m
42.	64.	478	POSILLICO Julian	2016	HC Lugano Sezione Giovanile	Lugano	2:49	+0:50,0	m
43.	65.	446	BLONDEL NAKANO Ido	2015	HC Lugano Sezione Giovanile	Lugano	2:51	+0:52,0	m
44.	66.	511	BERGER Albert	2017	HC Lugano Sezione Giovanile	Lugano	2:51	+0:52,0	m
45.	67.	494	VASSALLI Kian Luis	2016	HC Lugano Sezione Giovanile	Lugano	2:52	+0:53,0	m
46.	71.	549	MAZZELLA Giuseppe	2015		Comano	2:55	+0:56,0	m
47.	72.	459	FENNER Lars	2015	HC Lugano Sezione Giovanile	Lugano	2:55	+0:56,0	m
48.	74.	472	VABANESI Oliver	2015	HC Lugano Sezione Giovanile	Lugano	2:56	+0:57,0	m
49.	77.	461	GAMBARANA Alex	2015	HC Lugano Sezione Giovanile	Lugano	2:57	+0:58,0	m
50.	78.	440	SCHWARZ Michael	2017		Comano	2:59	+1:00,0	m
51.	83.	506	PALMAS Axel	2017	HC Lugano Sezione Giovanile	Lugano	3:04	+1:05,0	m
52.	85.	480	ARDATOVSKIY Nikolay	2016	HC Lugano Sezione Giovanile	Lugano	3:08	+1:09,0	m
53.	87.	507	PATTERSON Alec	2017	HC Lugano Sezione Giovanile	Lugano	3:10	+1:11,0	m
54.	90.	570	LAVIZZARI Giona	2017		Pregassona	3:15	+1:16,0	m
55.	93.	406	CANGEMI Liam	2017		Comano	3:18	+1:19,0	m
56.	94.	530	STRICCHIOLA Vito	2017	HC Lugano Sezione Giovanile	Lugano	3:19	+1:20,0	m
57.	99.	561	BERETTA Giacomo	2017		Comano	3:34	+1:35,0	m
58.	101.	433	LISA Filippo (kein Chip)	2017		Pregassona	5:49	-1 LAP	m



Rango	Rango	No.	Cognome	Anno	Team/Club	Luogo	Temp	Distacco	Geschlec
<b>Bambini f</b>									
1.	4.	540	BORSARI Anna	2015	USC Capriaschese	Cureglia	2:04	+0:05,0	f
2.	5.	437	SAIN ADAM Nina	2015	Frecce Gialle Malcantone	Caslano	2:05	+0:06,0	f
3.	6.	535	DOMENICONI Linda	2017	USC Capriaschese	Bidogno	2:05	+0:06,0	f
4.	7.	444	SOLARI Lia	2016	SAL Lugano	Pregassona	2:10	+0:11,0	f
5.	9.	536	LÖHRER Nina	2015	TCCO	Comano	2:14	+0:15,0	f
6.	14.	410	VARGIU Naima	2016	USC Capriaschese	Comano	2:24	+0:25,0	f
7.	17.	404	MERAZZI Camilla	2017		Comano	2:25	+0:26,0	f
8.	18.	416	MOGHINI Amanda	2017	SAM Massagno	Comano	2:25	+0:26,0	f
9.	20.	543	STAMPANONI Alina	2016	USC Capriaschese	Bigorio	2:28	+0:29,0	f
10.	21.	564	GADONI Amelie	2015	SAM Massagno	Cadempino	2:29	+0:30,0	f
11.	23.	565	ALTENDORFER Kayla	2017	USC Capriaschese	Canobbio	2:29	+0:30,0	f
12.	25.	421	POINTET Alice	2015	-	Canobbio	2:31	+0:32,0	f
13.	32.	412	PETRINI Emily	2015		Comano	2:35	+0:36,0	f
14.	34.	562	ZANETTI Lena	2016		Gravesano	2:36	+0:37,0	f
15.	35.	541	PICCARDO Irene	2015	USC Capriaschese	Odogno	2:37	+0:38,0	f
16.	36.	441	PAGNAMENTA Kyra	2015		Cureglia	2:37	+0:38,0	f
17.	38.	573	MONGODI Viola	2016		Lugano	2:38	+0:39,0	f
18.	39.	542	PICCARDO Zoe	2017	USC Capriaschese	Odogno	2:38	+0:39,0	f
19.	41.	572	MINELLI Sofia	2016		Veza	2:39	+0:40,0	f



Rango	Rango	No.	Cognome	Anno	Team/Club	Luogo	Temp	Distacco	Geschlec
20.	53.	563	CASTELLI Nicole	2015	-	Comano	2:45	+0:46,0	f
21.	55.	442	BUSOLINI Scarlett	2015		Breganzona	2:46	+0:47,0	f
22.	56.	425	GUGGIARI Martina	2017	C.O. AGET Lugano	Gravesano	2:47	+0:48,0	f
23.	68.	407	RUGOLO Nicole	2016		Ponte Capriasca	2:53	+0:54,0	f
24.	69.	422	PALUMBO Micol	2015		Canobbio	2:55	+0:56,0	f
25.	70.	408	CALDI Emma	2015		Ponte Capriasca	2:55	+0:56,0	f
26.	73.	429	RATTI Carolina	2017		Comano	2:56	+0:57,0	f
27.	75.	574	CHIADUSSI Nicole	2017		Davesco-Soragno	2:57	+0:58,0	f
28.	76.	500	FUMASOLI Vittoria	2016	HC Lugano Sezione Giovanile	Lugano	2:57	+0:58,0	f
29.	79.	566	BALMELLI Löonie	2017		Sorengo	2:59	+1:00,0	f
30.	80.	544	TESTA Arianna Sara	2017		Comano	3:00	+1:01,0	f
31.	81.	568	SIEBER Alissa	2017		Odogno	3:03	+1:04,0	f
32.	82.	431	HILTBRAND Sophia Senta	2017		Novaggio	3:03	+1:04,0	f
33.	84.	546	BISSOLOTTI Arianna	2015		Comano	3:06	+1:07,0	f
34.	86.	545	TESTA Eleonora Melissa	2016		Comano	3:09	+1:10,0	f
35.	88.	576	FERNANDEZ GOMEZ Valeria	2016		Canobbio	3:11	+1:12,0	f
36.	89.	571	BUDAK Nuria	2016		Ponte Capriasca	3:14	+1:15,0	f
37.	91.	567	PARIS Elin	2015		Bosco Luganese	3:16	+1:17,0	f
38.	92.	445	STIGEN Leah	2017	N & L Immobiliare SA	Porza	3:17	+1:18,0	f
39.	95.	402	GUBINELLI Silvia	2017		Ponte Capriasca	3:22	+1:23,0	f





Rango	Rango	No.	Cognome	Anno	Team/Club	Luogo	Temp	Distacco	Geschlec
40.	96.	560	BERETTA Amelia	2017		Comano	3:34	+1:35,0	f
41.	97.	548	GAIBOTTI Mija	2015		Comano	3:34	+1:35,0	f
42.	98.	577	DIAZ Filippa	2015		Comano	3:34	+1:35,0	f
43.	100.	419	MANNI Céline	2017		Bioggio	3:34	+1:35,0	f



Rango	Rango	No.	Cognome	Anno	Team/Club	Luogo	Temp	Distacco	Geschlec
Ragazzi/e (U12), 1,2 km									
Ragazzi U12 m									
1.	1.	652	JOB Massimo	2013	HC Lugano Sezione Giovanile	Lugano	3:50	-	m
2.	2.	637	PETRINI Remo	2013	USC Capriaschese	Comano	3:51	+0:01,0	m
3.	3.	645	CANUTI Zeno	2013	HC Lugano Sezione Giovanile	Lugano	3:55	+0:05,0	m
4.	4.	650	GRASSI Samuel	2013	HC Lugano Sezione Giovanile	Lugano	3:57	+0:07,0	m
5.	5.	621	SOLDATI Leonardo	2013		Comano	4:02	+0:12,0	m
6.	6.	716	ORSO Alex	2014	AS Monteceneri	Camignolo	4:07	+0:17,0	m
7.	7.	712	BERETTA Andrea	2014	Tamaro Team Sci Competizione	Dumenza (va)	4:07	+0:17,0	m
8.	8.	711	BERETTA Nicola	2014	Tamaro Team Sci Competizione	Dumenza (VA)	4:10	+0:20,0	m
9.	9.	644	BORSARI Michele	2013	HC Lugano Sezione Giovanile	Lugano	4:11	+0:21,0	m
10.	11.	630	SOLDATI Michele	2013	Tamaro Team Sci Competizione	Cadempino	4:14	+0:24,0	m
11.	12.	692	POINTET Jérémy	2014	HC Lugano Sezione Giovanile	Lugano	4:17	+0:27,0	m
12.	13.	643	BIANCHI Daniele	2013	HC Lugano Sezione Giovanile	Lugano	4:18	+0:28,0	m
13.	14.	629	LIPPUNER Daniel	2013	Tamaro Team Sci Competizione	Cadro	4:21	+0:31,0	m
14.	15.	678	OBERHOLZER Sean	2014	HC Lugano Sezione Giovanile	Lugano	4:21	+0:31,0	m
15.	16.	686	SALA Thiago	2014	HC Lugano Sezione Giovanile	Lugano	4:21	+0:31,0	m
16.	17.	696	CHIESA Enric	2014		Comano	4:24	+0:34,0	m
17.	19.	706	GLOWACKI Adam	2013		Ascona	4:27	+0:37,0	m
18.	20.	674	LAAKSO Jarno	2014	HC Lugano Sezione Giovanile	Lugano	4:28	+0:38,0	m



Rango	Rango	No.	Cognome	Anno	Team/Club	Luogo	Temp	Distacco	Geschlec
19.	21.	689	CAVADINI Ethan	2014	HC Lugano Sezione Giovanile	Lugano	4:29	+0:39,0	m
20.	23.	707	VOLGER Jacopo	2013	USC Capriaschese	Ponte Capriasca	4:31	+0:41,0	m
21.	24.	604	DESTEFANI Noah	2014		Villa Luganese	4:33	+0:43,0	m
22.	25.	657	PETROCCHI Mathias	2013	HC Lugano Sezione Giovanile	Lugano	4:35	+0:45,0	m
23.	29.	700	FOGLIANI Enea	2013	Sci Club Lodrino Prosito	Biasca	4:44	+0:54,0	m
24.	30.	709	COTTU Sebastiano	2014	Sandro Cottu	Comano	4:45	+0:55,0	m
25.	32.	633	BORSESE Martin	2014		Comano	4:55	+1:05,0	m
26.	33.	680	PARIS Liam	2014	HC Lugano Sezione Giovanile	Lugano	4:55	+1:05,0	m
27.	37.	705	MARADAN Nathan	2013		Ascona	4:59	+1:09,0	m
28.	38.	675	LABORANTI Nicolò	2014	HC Lugano Sezione Giovanile	Lugano	5:04	+1:14,0	m
29.	39.	688	SIEBER Noah	2014	HC Lugano Sezione Giovanile	Lugano	5:05	+1:15,0	m
30.	40.	613	RICKENBACH Aaron	2014		Torricella	5:06	+1:16,0	m
31.	42.	642	ANGELUCCI Gioele	2013	HC Lugano Sezione Giovanile	Lugano	5:09	+1:19,0	m
32.	43.	668	ANDREOLI Leonardo	2014	HC Lugano Sezione Giovanile	Lugano	5:10	+1:20,0	m
33.	44.	602	CARLETTA Lorenzo	2014		Comano	5:12	+1:22,0	m
34.	46.	670	CERUTTI Edoardo	2014	HC Lugano Sezione Giovanile	Lugano	5:17	+1:27,0	m
35.	47.	638	PALMAS Johann Jonsi	2013	HC Lugano Sezione Giovanile	Lugano	5:21	+1:31,0	m
36.	49.	646	CECCONI Dimitry	2013	HC Lugano Sezione Giovanile	Lugano	5:26	+1:36,0	m
37.	50.	690	MARQUES E SOUSA Rafael	2014	HC Lugano Sezione Giovanile	Lugano	5:26	+1:36,0	m
38.	51.	649	FERNANDEZ GOMEZ Erik	2013	HC Lugano Sezione Giovanile	Lugano	5:30	+1:40,0	m



Rango	Rango	No.	Cognome	Anno	Team/Club	Luogo	Temp	Distacco	Geschlec
39.	53.	681	PIERRE Riccardo	2014	HC Lugano Sezione Giovanile	Lugano	5:38	+1:48,0	m
40.	54.	673	HOFER Evan	2014	HC Lugano Sezione Giovanile	Lugano	5:42	+1:52,0	m
41.	56.	622	SOLDATI Marcello	2013		Comano	5:59	+2:09,0	m
42.	58.	677	MOLTENI Federico	2014	HC Lugano Sezione Giovanile	Lugano	6:06	+2:16,0	m
43.	60.	713	BUDAK Matay	2014		Ponte Capriasca	6:22	+2:32,0	m
<b>Ragazzi U12 f</b>									
1.	10.	608	BERNASCONI Michelle	2013	USC Capriaschese	Comano	4:13	+0:23,0	f
2.	18.	699	RUGGERI Tea	2013	Sci Club Lodrino Prosito	Gnosca	4:26	+0:36,0	f
3.	22.	609	SCHMASSMANN Tessa	2014	SAM Massagno	Gentilino	4:31	+0:41,0	f
4.	26.	606	CASTELLI Maddalena	2013		Comano	4:35	+0:45,0	f
5.	27.	631	FRETTI Alicia	2014	USC Capriaschese	Laax	4:37	+0:47,0	f
6.	28.	624	PIETRA Ambra	2013		Comano	4:43	+0:53,0	f
7.	31.	715	RITTER Mila	2013	SFG Lugano	Cadro	4:53	+1:03,0	f
8.	34.	612	FLURY Natalie	2014	USC Capriaschese	Bigorio	4:56	+1:06,0	f
9.	35.	620	BELLOTTI Lee	2013	Triunion	Rivera	4:56	+1:06,0	f
10.	36.	618	DJORDJEVIC AGUADO	2013		Comano	4:59	+1:09,0	f
11.	41.	627	D'ELIA Sophie	2014	SAL Lugano	Pregassona	5:06	+1:16,0	f
12.	45.	617	DJORDJEVIC AGUADO	2013		Comano	5:15	+1:25,0	f
13.	48.	704	MBANGUÉ Justine	2014	Giubiasco	Giubiasco	5:24	+1:34,0	f
14.	52.	603	CARLETTA Noelia	2014		Comano	5:30	+1:40,0	f

## Classifica



Rango	Rango	No.	Cognome	Anno	Team/Club	Luogo	Temp	Distacco	Geschlec
15.	55.	623	EGGENBERGER Elly Larissa	2014		Comano	5:54	+2:04,0	f
16.	57.	616	TIMBAL Amelia	2013		Comano	6:06	+2:16,0	f
17.	59.	714	BARBONE Chiara	2013		Origlio	6:16	+2:26,0	f
18.	61.	632	PONGELLI Nicole	2013	USC Capriaschese	Rivera	0:03	-3 LAP	f



Rango	Rango	No.	Cognome	Anno	Team/Club	Luogo	Temp	Distacco	Geschlec
Ragazzi/e (U14), 1,8 km									
Ragazzi U14 m									
1.	1.	815	PONGELLI Maylon	2011	AS Monteceneri	Rivera	5:30	-	m
2.	2.	812	ANTONIETTI Tiago	2012	Frecce Gialle Malcantone	Purasca	5:34	+0:04,0	m
3.	5.	811	COZZATTI Lorenzo	2011	AS Monteceneri	Bedano	5:49	+0:19,0	m
4.	7.	813	CANEPA Hiago	2011	Frecce Gialle Malcantone	Caslano	5:50	+0:20,0	m
5.	10.	802	MOGHINI Milton	2011	SAM Massagno	Comano	6:04	+0:34,0	m
6.	11.	849	ZITTEMA Lorenzo	2011		Porza	6:06	+0:36,0	m
7.	12.	843	LÖHRER Tim	2012	TCCO	Comano	6:13	+0:43,0	m
8.	13.	838	SEGANTINI Adriano	2012	HC Lugano Sezione Giovanile	Lugano	6:14	+0:44,0	m
9.	14.	822	PERROTTI Ryan	2012	HC Lugano Sezione Giovanile	Lugano	6:19	+0:49,0	m
10.	16.	829	DANESI Federico	2012	HC Lugano Sezione Giovanile	Lugano	6:29	+0:59,0	m
11.	17.	814	PAGNAMENTA Zeno	2012		Cureglia	6:29	+0:59,0	m
12.	18.	803	FARACI Alessandro	2012		Maglio di Colla	6:32	+1:02,0	m
13.	19.	847	CAISSUTTI Giosuè	2012	USC Capriaschese	Lopagno	6:32	+1:02,0	m
14.	20.	850	BUDAK Aram	2011	Lugano Tigers	Ponte Capriasca	6:33	+1:03,0	m
15.	21.	837	SALA Filippo Adriano	2012	HC Lugano Sezione Giovanile	Lugano	6:49	+1:19,0	m
16.	22.	816	STIGEN Nils	2011	N & L Immobiliare SA	Porza	6:59	+1:29,0	m
17.	25.	842	VILLA Richard	2012	HC Lugano Sezione Giovanile	Lugano	7:36	+2:06,0	m
18.	26.	830	FLURY Alex	2012	HC Lugano Sezione Giovanile	Lugano	7:39	+2:09,0	m



Rango	Rango	No.	Cognome	Anno	Team/Club	Luogo	Temp	Distacco	Geschlec
19.	27.	831	GOLJA Matteo	2012	HC Lugano Sezione Giovanile	Lugano	7:39	+2:09,0	m
20.	31.	848	MBANGUÉ Carl	2011	Giubiasco	Giubiasco	11:43	+6:13,0	m
Ragazzi U14 f									
1.	3.	809	BLANI Giorgia	2011	AS Monteceneri	Camignolo	5:43	+0:13,0	f
2.	4.	851	ORSO Jessica	2011	AS Monteceneri	Camignolo	5:47	+0:17,0	f
3.	6.	805	BERNARDONI Gloria	2012	Triunion	Comano	5:50	+0:20,0	f
4.	8.	852	PIATTINI Anais	2011	USC Capriaschese	Cagiallo	5:55	+0:25,0	f
5.	9.	804	SCHMASSMANN Gaia	2011	SAM Massagno	Gentilino	5:58	+0:28,0	f
6.	15.	807	GROPPI Viola	2012	USC Capriaschese	Lugaggia	6:29	+0:59,0	f
7.	23.	818	JOB Cecilia	2011	HC Lugano Sezione Giovanile	Lugano	6:59	+1:29,0	f
8.	24.	845	SAVOLDELLI Nicole	2012	Sci Club Lodrino Prosito	Prosito	7:05	+1:35,0	f
9.	28.	801	ANTONIETTI Anaïs	2011		Comano	7:53	+2:23,0	f
10.	29.	810	LOVAGNINI Gloria	2012		Comano	8:35	+3:05,0	f
11.	30.	808	SWENSAN Anna	2012		Comano	8:44	+3:14,0	f



Rango	Rango	No.	Cognome	Anno	Team/Club	Luogo	Temp	Distacco	Geschlec
<b>Giovani/e (U16), 3,0 km</b>									
<b>Giovani U16 m</b>									
1.	1.	885	BERETTA Devid	2009	SP Locarnese	Arcegno	8:31	-	m
2.	2.	897	VOLGER Noè	2009	USC Capriaschese	Ponte Capriasca	8:36	+0:05,0	m
3.	3.	891	BRACCHI Lorenzo	2010	SP Locarnese	Locarno	8:41	+0:10,0	m
4.	4.	892	PONGELLI Jeremy	2009	AS Monteceneri	Rivera	8:50	+0:19,0	m
5.	5.	887	DEVINCENTI Davide	2009	Frecce Gialle Malcantone	Castelrotto	9:09	+0:38,0	m
6.	7.	884	GIANOTTI Mattia	2010	USC Capriaschese	Lugaggia	9:19	+0:48,0	m
7.	8.	899	VENZI Federico	2009	AS Monteceneri	Torricella	9:20	+0:49,0	m
8.	9.	881	ANTONIETTI Julian	2009	Hcl	Comano	9:27	+0:56,0	m
9.	10.	886	SABBADINI Matteo	2010		Comano	9:28	+0:57,0	m
10.	11.	898	RANDO Pietro	2010		Bellinzona	9:43	+1:12,0	m
<b>Giovani U16 f</b>									
1.	6.	893	OLIVA Aline	2009	GAD Dongio	Motto-Blenio	9:18	+0:47,0	f
2.	12.	882	BERNARDONI Emma	2010	Triunion	Comano	10:26	+1:55,0	f
3.	13.	888	DEVINCENTI Sofia	2010	Frecce Gialle Malcantone	Castelrotto	10:39	+2:08,0	f
4.	14.	890	GYGAX Sofia	2010	Frecce Gialle Malcantone	Caslano	10:44	+2:13,0	f
5.	15.	896	ANDREOLI Amélie	2010	USC Capriaschese	Lugaggia	10:55	+2:24,0	f
6.	16.	895	CAISSUTTI Dalia	2010	USC Capriaschese	Lopagno	10:56	+2:25,0	f
7.	17.	1005	BIANCHI Simona	2010	Club Pattinaggio Chiasso	Seseglio	11:34	+3:03,0	f





Rango	Rango	No.	Cognome	Anno	Team/Club	Luogo	Temp	Distacco	Geschlec
8.	18.	900	DONINO Sofia	2010	Club Pattinaggio Chiasso	Morbio Inferiore	11:39	+3:08,0	f