



4 maggio 2013

## Tesserete - Gola di Lago

7.2 km

+ 494 m

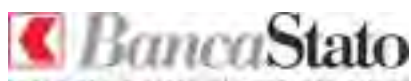
Arena Sportiva Capriasca e Valcolla

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## CLASSIFICHE



Rango	Cat.	Nome Cognome	Anno	Società	Tempo	U20M	M20	M40	M50	M60	W	W40	W50
1	A	<b>Lukas Oehen</b>	86	Frecce Gialle	0:28'53.44		<b>1</b>						
2	A	<b>Ivan Pongelli</b>	78	GAB	0:29'03.53		<b>2</b>						
3	V1	<b>Orazio Bottura</b>	70	Tommy Sport	0:30'36.12			<b>1</b>					
4	A	<b>Fabio Giudici</b>	84	Atl. Rovellasca	0:30'42.53		<b>3</b>						
5	V1	<b>Jonathan Stampanoni</b>	70	USC	0:30'52.31			<b>2</b>					
6	A	Jeanmarc Cattori	74	Comacina atl. EU	0:31'16.62		4						
7	J	<b>Roberto Delorenzi</b>	97	USC	0:31'17.84	<b>1</b>							
8	V1	<b>Moreno Trabucchi</b>	70	---	0:31'23.84			<b>3</b>					
9	A	Andrea Guarino	77	---	0:31'28.03		5						
10	A	Giorgio Pongelli	81	USC	0:31'39.22		6						
11	V1	Silvano Turati	72	VIGOR	0:32'18.72			4					
12	D	<b>Angela Haldimann-Riedo</b>	82	VIGOR	0:32'26.31						<b>1</b>		
13	V1	Fabio Massera	68	Centro Mövat	0:32'43.38			5					
14	A	Tiziano Sarinelli	86	Comacina atl. EU	0:32'51.44		7						
15	A	Elia Stampanoni	77	USC	0:33'02.25		8						
16	J	<b>Tobia Pezzati</b>	96	Atletica Mendrisio	0:33'21.72	<b>2</b>							
17	A	Alessandro Santini	80	GOLD Savosa	0:33'29.81		9						
18	A	Enea Dorici	81	---	0:33'49.31		10						
19	D	<b>Manuela Falconi</b>	75	SFG Biasca	0:33'50.81						<b>2</b>		
20	V1	Vittorio Anzini	66	---	0:33'53.34			6					
21	V1	Ralf Mureddu	67	USC	0:34'45.12			7					
22	J	<b>Michele Lardi</b>	96	SAM	0:34'53.81	<b>3</b>							
23	V1	Adam Ferrari	73	---	0:34'57.88			8					
24	V1	Massimo Marta	73	Moesa Runner	0:34'59.47			9					
25	V2	<b>Roland Meister</b>	63	---	0:35'03.59				<b>1</b>				
26	V1	Davide Gambonini	68	GAB	0:35'09.09			10					
27	A	Loris Londino	81	---	0:35'12.47		11						
28	D40	<b>Jeanette Bragagnolo</b>	71	SAB	0:35'13.34							<b>1</b>	
29	V2	<b>Gaetano Genovese</b>	59	---	0:35'14.21				<b>2</b>				
30	V1	Mirco Pedroli	66	AFS	0:35'18.09			11					
31	V3	<b>Mario Giudici</b>	52	Atl. Rovellasca	0:35'22.94					<b>1</b>			
32	A	Nicola Fraschina	90	FC Stella	0:35'24.72		12						

Rango	Cat.	Nome Cognome	Anno	Società	Tempo	U20M	M20	M40	M50	M60	W	W40	W50
33	A	Telmo Rodrigues	74	Moesa Runner	0:35'26.12		13						
34	J	Jonathan Besomi	95	USC	0:35'36.56	4							
35	A	Stefano Castelli	75	ASCO	0:35'53.75		14						
36	V2	<b>Giancarlo Fraquelli</b>	62	USC	0:35'57.72				<b>3</b>				
37	V2	Olimpio Rivera	60	SFG Biasca	0:36'05.06				4				
38	V1	Alberto Meroni	70	RCB	0:36'07.97			12					
39	V1	Thomas Banfi	71	GOLD Savosa	0:36'09.94			13					
40	A	Alessandro Calviello	81	TASIS	0:36'15.18		15						
41	J	Thomas Borsari	96	---	0:36'18.56	5							
42	D40	<b>Elisabetta Di Gregorio</b>	71	---	0:36'20.00							<b>2</b>	
43	A	Giacomo Cattaneo	88	---	0:36'30.47		16						
44	J	Nicola Banfi	99	GOLD Savosa	0:36'44.97	6							
45	A	Martino Singerberger	85	---	0:36'47.75		17						
46	V1	Willy Cereghetti	68	---	0:36'48.97			14					
47	A	Mauro Perseghini	75	USC	0:36'51.97		18						
48	A	Stefano Franzoni	86	---	0:37'00.81		19						
49	V2	Giuseppe Rigamonti	59	Atl. Cent. Lario	0:37'02.06				5				
50	J	Siro Corsi	99	Frecce Gialle	0:37'03.25	7							
51	V2	Nicola Ramelli	63	Unitas	0:37'06.44				6				
52	V1	Sergio Valsangiacomo	67	USC	0:37'09.03			15					
53	A	Giacomo Agostini	79	Tri Team Ticino	0:37'10.31		20						
54	A	Paolo Piattini	74	USC	0:37'11.66		21						
55	V1	Donato Mondelli	69	Atl. Cent. Lario	0:37'22.06			16					
56	A	Gabriele Rosa	77	Unitas	0:37'25.34		22						
57	A	Leonida Stampanoni	74	USC	0:37'35.22		23						
58	V2	Matteo Besomi	60	USC	0:37'40.38				7				
59	V1	Michele Von Wartburg	66	SPL	0:37'49.53			17					
60	V1	Luca Delorenzi	64	---	0:37'56.78			18					
61	V1	Carmine Fuschetto	65	Moesa Runner	0:37'59.22			19					
62	V1	Christian Gaberell	72	AS Monteceneri	0:38'04.09			20					
63	V2	Christoph Schindler	54	Frecce Gialle	0:38'09.53				8				
64	V1	Giovanni Gatti	71	---	0:38'10.78			21					

Rango	Cat.	Nome Cognome	Anno	Società	Tempo	U20M	M20	M40	M50	M60	W	W40	W50
65	V1	Simone David	72	AS Monteceneri	0:38'12.62			22					
66	A	Domenico Ronzoni	75	GDF Lombardia	0:38'18.69		24						
67	V2	Kandid Oehen	59	Frecce Gialle	0:38'20.72				9				
68	A	Ivano Pedrini	79	SAG Gordola	0:38'25.34		25						
69	A	Matteo Cutunic	89	---	0:38'34.53		26						
70	V1	Michele Ren	72	ASCO	0:38'38.88			23					
71	<b>D</b>	<b>Gloria Giudici</b>	87	Atl. Rovellasca	0:38'41.81						<b>3</b>		
72	V1	Maurizio Bugna	64	Atl. Cent. Lario	0:38'42.97			24					
73	<b>V3</b>	<b>Mario Maffongelli</b>	51	SFG Stabio	0:38'44.06					<b>2</b>			
74	A	Christian Fonti	84	---	0:38'45.81		27						
75	V2	Brunello Aprile	57	Frecce Gialle	0:38'49.00				10				
76	<b>V3</b>	<b>Antonello Bolla</b>	50	Atl. Cent. Lario	0:38'51.66					<b>3</b>			
77	V1	Marco Zanetti	70	AS Monteceneri	0:38'55.69			25					
78	A	Maurizio Dellea	81	AS Monteceneri	0:38'57.00		28						
79	A	Massimo Cassai	82	---	0:39'09.22		29						
80	<b>D40</b>	<b>Loredana Rossi</b>	72	SAB	0:39'13.25							<b>3</b>	
81	V3	Dino Bersacola	49	RCB	0:39'14.31					4			
82	V1	Roberto Casavecchia	73	---	0:39'17.44			26					
83	D	Barbara Trabucchi	81	---	0:39'21.59						4		
84	V2	Daniele Scotti	62	Bike Ticino	0:39'25.94				11				
85	A	Lorenzo Clementi	82	---	0:39'34.44		30						
86	V1	Paolo Borsani	67	---	0:39'36.53			27					
87	V1	Italo Coen	65	VIGOR	0:39'41.91			28					
88	A	Lorenzo Pawlowski	90	O-92	0:39'47.25		31						
89	A	Maurizio Pozzoni	78	---	0:39'50.94		32						
90	V1	Nicola Zambelli	69	Unitas	0:39'54.78			29					
91	V1	Rinaldo Franchi	71	---	0:39'59.00			30					
92	J	Manuele Ren	01	ASCO	0:40'01.78	8							
93	V2	Claudio Santamaria	60	SPL	0:40'03.15				12				
94	V1	Fabrizio Franchi	67	Tommy Sport	0:40'10.28			31					
95	V1	Giancarlo Scacchi	67	Teambike	0:40'11.91			32					
96	V1	Rocco Guidotti	71	---	0:40'15.28			33					

Rango	Cat.	Nome Cognome	Anno	Società	Tempo	U20M	M20	M40	M50	M60	W	W40	W50
97	D40	Patrizia Besomi-Piattini	72	USC	0:40'19.88							4	
98	A	Samuele Scotti	74	Teambike	0:40'21.28		33						
99	V1	Mauro Cappellari	71	SAB	0:40'24.18			34					
100	J	Fernando Berni	00	Moesa Runner	0:40'30.62	9							
101	V1	Stefano Gübeli	65	USC	0:40'31.75			35					
102	V3	Sergio Dattrino	47	RCB	0:40'33.53					5			
103	V1	Luca Manetti	73	---	0:40'38.88			36					
104	V1	Riccardo Gabusi	64	SAM	0:40'41.69			37					
105	V2	Nelson Candolfi	59	SPL	0:40'43.06				13				
106	V2	Soccorso Cresta	56	SAM	0:40'46.34				14				
107	V1	Attilio Camponati	71	---	0:40'48.00			38					
108	A	Nicola Nesa	93	---	0:40'51.12		34						
109	V1	Fabio Rosati	71	---	0:40'53.97			39					
110	V1	Ralph Trippel	68	---	0:40'55.34			40					
111	V1	Stefano Premoli	65	---	0:41'04.28			41					
112	V1	Davide Conca	70	---	0:41'05.50			42					
113	V1	Giacomo Pesenti	66	USC	0:41'15.25			43					
114	A	Alessandro Beffa	84	---	0:41'21.12		35						
115	D	Barbara Lucchini	80	---	0:41'23.28						5		
116	V1	Peter Müller	70	---	0:41'25.38			44					
117	V3	Sergio Mona	50	RCB	0:41'28.72					6			
118	<b>D50</b>	<b>Claudia Mazzuchelli</b>	62	O-92	0:41'32.72								<b>1</b>
119	D	Sofia Besomi	99	USC	0:41'33.97						6		
120	V1	Marco Alliata	66	---	0:41'36.18			45					
121	V2	Giorgio Muri	55	Moesa Runner	0:41'37.59				15				
122	V3	Sandro Pedretti	51	GP Leventina	0:41'38.28					7			
123	D	Lisa Conza	83	SAM	0:41'39.43						7		
124	V1	Giorgio Rossi	70	Azienda Mondò	0:41'49.88			46					
125	V2	Ettore Mini	59	USC	0:41'51.03				16				
126	D	Coline Herren	86	---	0:41'55.06						8		
127	A	Alessandro Sia	84	---	0:41'59.31		36						
128	V2	Fiorenzo Ardia	58	USC	0:42'03.06				17				

Rango	Cat.	Nome Cognome	Anno	Società	Tempo	U20M	M20	M40	M50	M60	W	W40	W50
129	V1	Pascal Campana	70	USC	0:42'04.75			47					
130	V3	Antonio Rossi	52	Centro Mövat	0:42'12.06					8			
131	A	Maurizio Ferretti	77	---	0:42'14.47		37						
132	D	Claudia Andreazzi	82	RCB	0:42'17.72						9		
133	V3	Walter Soldati	51	---	0:42'26.38					9			
134	J	Felipe Pedrazzini	00	ASCO	0:42'28.94	10							
135	V3	Giancarlo Airoidi	51	---	0:42'30.28					10			
136	V1	Omar Silva	69	USC	0:42'34.18			48					
137	V1	Enzo Degiorgi	66	Quadrifoglio	0:42'45.28			49					
138	A	Lauro Marchesi	85	---	0:42'46.66		38						
139	V1	Silvano Traversi	68	---	0:42'49.88			50					
140	D40	Paola Engelhardt	64	Centro Mövat	0:42'51.12							5	
141	A	Lorenzo Rovelli	88	---	0:42'52.78		39						
142	V1	Marco Bernasconi	67	SAM	0:42'59.47			51					
143	V1	Umberto Caflisch	64	SPL	0:43'04.28			52					
144	A	Davide Sarinelli	88	---	0:43'08.28		40						
145	V2	Daniele Giudici	61	---	0:43'28.94				18				
146	V1	Michele Clinco	65	---	0:43'30.50			53					
147	A	Davide Manni	80	AS Monteceneri	0:43'31.75		41						
148	V3	Renato Capezzoli	43	SAM	0:43'47.03					11			
149	A	Sigi Altendorfer	83	USC	0:43'48.34		42						
150	V1	Giuseppe Martino	68	---	0:44'08.78			54					
151	A	Eric Pongelli	85	USC	0:44'26.91		43						
152	V3	Giacomo Galbusera	53	Moesa Runner	0:44'29.12					12			
153	V1	Tiziano Pedrazzoli	71	Azienda Mondò	0:44'38.84			55					
154	A	Andri Cloetta	76	USC	0:44'41.91		44						
155	J	Feliciano Pawlowski	95	O-92	0:44'43.06	11							
156	A	Alan Hofer	78	---	0:44'47.88		45						
157	V1	Luca Schwank	71	GOLD Savosa	0:44'51.69			56					
158	D50	<b>Patrizia Rusca</b>	60	Co Aget	0:44'53.81								<b>2</b>
159	A	Stefano Reiser	89	USC	0:44'55.31		46						
160	D50	<b>Maria Soldini</b>	52	USC	0:44'59.66								<b>3</b>

Rango	Cat.	Nome Cognome	Anno	Società	Tempo	U20M	M20	M40	M50	M60	W	W40	W50
161	A	Mattia Sironi	89	---	0:45'03.00		47						
162	A	Roberto Ferrari	89	---	0:45'05.12		48						
163	V1	Michele Bagnoli	71	---	0:45'09.28			57					
164	D40	Katharina Wangler	67	RCB	0:45'12.81							6	
165	D40	Marzia Beltraminelli	65	ASCO	0:45'14.97							7	
166	D40	Gabriella Quadri	65	ASCO	0:45'15.72							8	
167	J	Marco Delorenzi	99	STT Bellinzona	0:45'17.06	12							
168	V2	Ivan Rossi	57	---	0:45'21.12				19				
169	D40	Patrizia Papais	73	---	0:45'25.06							9	
170	V1	Oscar Croci	73	USC	0:45'30.88			58					
171	V2	Francesco Kliner	58	SAM	0:45'34.18				20				
172	V2	Diego Bianchini	57	Canottieri Ceresio	0:45'38.06				21				
173	D	Katia Bossi	75	Moesa Runner	0:45'40.12						10		
174	V2	Tiziano Crotta	63	---	0:45'43.12				22				
175	V1	Stefano Lorenzetti	69	Swiss Running	0:45'44.44			59					
176	V1	Sergio Zappa	67	Frecce Gialle	0:45'48.12			60					
177	V1	Christian Ballabio	68	---	0:45'58.00			61					
178	D	Francesca Tomasini	74	---	0:46'01.53						11		
179	V3	Stefano Manetti	51	AS Monteceneri	0:46'09.91					13			
180	D	Kalinka Berger	81	---	0:46'13.25						12		
181	V2	Alessandro Pawlowki	60	O-92	0:46'14.59				23				
182	D40	Daniela Berti-Riggi	67	RCB	0:46'21.81							10	
183	A	Mirko Belotti	75	---	0:46'32.56		49						
184	D	Laura Moretti	76	GAB	0:46'33.59						13		
185	D	Barbara Conrad	77	RCB	0:46'41.06						14		
186	V3	Raymond Perret	47	---	0:46'46.78					14			
187	D50	Carla Bolis	59	O-92	0:46'48.06								4
188	D	Federica Gianola	94	GOLD Savosa	0:46'49.41						15		
189	V1	Flavio Pesciallo	69	---	0:46'52.38			62					
190	V3	Luigi Nonella	51	VIRTUS	0:46'57.38					15			
191	J	Tommaso Besomi	02	USC	0:47'03.28	13							
192	V1	Roberto Martignoli	67	SPL	0:47'11.47			63					



Rango	Cat.	Nome Cognome	Anno	Società	Tempo	U20M	M20	M40	M50	M60	W	W40	W50
193	V2	Oscar Toscanelli	62	ASCO	0:47'21.97				24				
194	A	Stefano Rizzolio	77	---	0:47'26.06		50						
195	V3	Remo Fransioli	42	GP Leventina	0:47'27.59					16			
196	D50	Kordula Dattrino	59	RCB	0:47'33.81								5
197	D40	Sara Delucchi	67	Unitas	0:47'36.06							11	
198	V2	Héctor Garcia	63	---	0:47'55.59				25				
199	A	Nemorino Gianotti	74	USC	0:47'57.00		51						
200	V1	Raffaele Gornetti	67	---	0:47'59.12			64					
201	D40	Pilar Espi	64	RCB	0:48'18.62							12	
202	V1	Michele Bernardoni	66	---	0:48'19.91			65					
203	A	Omar Carbognani	84	Volabass	0:48'21.81		52						
204	V1	Michele Camnasio	71	---	0:48'23.00			66					
205	D40	Alessandra Bernasconi Hau	73	Centro Mövat	0:48'37.22							13	
206	V2	Danilo Fonti	55	---	0:48'38.59				26				
207	D40	Iris Von Wartburg	64	Centro Mövat	0:48'48.31							14	
208	V1	Lorenzo Orsi	70	---	0:48'50.50			67					
209	V2	Massimo Marchesi	58	---	0:48'51.84				27				
210	D	Noemi Inderst	95	GOLD Savosa	0:49'03.75						16		
211	D40	Lara Zambelli	71	---	0:49'43.84							15	
212	V2	Marco Pongelli	55	AS Monteceneri	0:49'47.38				28				
213	A	Samuel Bralla	78	USC	0:49'52.62		53						
214	A	Nicolò Guidotti	88	Azienda Mondò	0:49'53.97		54						
215	V2	Sandro Grarpi	61	---	0:49'58.94				29				
216	V3	Nicola Carenini	47	RCB	0:50'00.25					17			
217	D40	Cristina Ren	73	ASCO	0:50'06.12							16	
218	D	Barbara Tunesi Schwank	75	ASCO	0:50'07.44						17		
219	A	Timothy Prospero	78	---	0:50'20.81		55						
220	V2	Roberto Pestoni	57	RCB	0:50'22.53				30				
221	V2	Antonio Kocsis	59	ASCO	0:50'26.66				31				
222	V3	Armando Ardia	49	USC	0:50'34.53					18			
223	V2	Jean Meier	61	Quadrifoglio	0:50'36.18				32				
224	D	Muriel Hendrichs	83	Volabass	0:50'40.28						18		



Rango	Cat.	Nome Cognome	Anno	Società	Tempo	U20M	M20	M40	M50	M60	W	W40	W50
225	D	Luana Pongelli	84	---	0:50'41.50						19		
226	V2	Romano Löhner	62	USC	0:50'47.69				33				
227	A	Manuel Fibbioli	91	FC Stella	0:50'56.62		56						
228	D40	Silva Lanfranchi	67	RCB	0:50'59.06							17	
229	J	Alex Del Fede	99	ASCO	0:51'00.44	14							
230	V2	Paolo Beltraminelli	61	ASCO	0:51'13.41				34				
231	D40	Antonella Daldini	68	SAM	0:51'34.31							18	
232	V2	Mario Pasquali	63	---	0:51'35.88				35				
233	D40	Teresa Ferrari	66	boboteam	0:51'40.06							19	
234	A	Sancio Hug	75	---	0:52'03.53		57						
235	A	Manuel Gamper	83	Sci club Capriasca	0:52'07.25		58						
236	V1	Marco Del Fede	70	ASCO	0:52'27.18			68					
237	V3	Gianni Donati	48	USC	0:52'28.56					19			
238	D50	Heidi BousbahTanner	48	SPL	0:52'29.81								6
239	D50	Mechthil Morawietz	62	---	0:52'44.78								7
240	V2	Umberto Odermatt	58	SPL	0:52'54.16				36				
241	D	Zuleika Carenini	77	RCB	0:53'38.91						20		
242	D	Giulia Ghielmetti	84	Sci club Rodi Fies	0:54'13.00						21		
243	V2	Adriano Laudato	54	SPL	0:54'29.66				37				
244	A	Gioacchino Noris	83	Sci club Rodi Fies	0:54'50.03		59						
245	D50	Romana Crotti	57	RCB	0:54'52.18								8
246	V2	Domenico Fraschina	59	---	0:55'15.94				38				
247	J	Noè Toscanelli	02	USC	0:55'26.47	15							
248	V1	Pierluigi Brazzola	66	ASCO	0:55'32.84			69					
249	V1	Stefano Bernardoni	65	USC	0:55'34.15			70					
250	A	Giacomo Fransioli	84	---	0:55'35.31		60						
251	V1	Massimo Micarelli	70	---	0:55'36.72			71					
252	V3	Waldo Ponzio	44	RCB	0:55'44.18					20			
253	D	Silvia Casagrande	83	---	0:56'23.34						22		
254	V3	Giorgio Fontana	47	Santi Mo/SO	0:56'33.59					21			
255	V2	Demetrio Carotti	63	---	0:56'36.59				39				
256	A	Marzio Besomi	87	USC	0:58'31.25		61						

Rango	Cat.	Nome Cognome	Anno	Società	Tempo	U20M	M20	M40	M50	M60	W	W40	W50
257	V3	Heinz Flück	47	---	0:58'52.44					22			
258	V3	Sebastiano Carpentieri	39	Polisp.Campionesse	1:00'04.00					23			
259	V2	Massimo Janni	62	---	1:03'16.59				40				
260	V3	Edmund Ermertz	37	Runner's club Tici	1:04'08.12					24			
261	V3	Giulio Dorico	36	---	1:20'48.84					25			
262	A	Gioele Pellegrini	84	USC	1:21'48.97		62						
263	A	Claudio Pacchiani	88	USC	1:21'49.87		63						
264	A	Daniele Pacchiani	81	USC	1:21'50.81		64						
265	D50	Nicoletta Moser Maffioli	63	---									
266	V2	Gabriele Zanzi	63	ASCO									
267	J	Elia Toscanelli	99	USC									

## Categoria M20

Rango	Nome cognome	Domicilio	Anno	Società	tempo
1	Lukas Oehen	Cassina d'Agno	1986	Frecce Gialle	0:28'53.4
2	Ivan Pongelli	Bironico	1978	GAB	0:29'03.5
3	Fabio Giudici	I-Appiano Gentile	1984	Atl. Rovellasca	0:30'42.5
4	Jeanmarc Cattori	Ascona	1974	Comacina atl. EU	0:31'16.6
5	Andrea Guarino	Breganzona	1977	---	0:31'28.0
6	Giorgio Pongelli	Vaglio	1981	USC	0:31'39.2
7	Tiziano Sarinelli	Lugano	1986	Comacina atl. EU	0:32'51.4
8	Elia Stampanoni	Bigorio	1977	USC	0:33'02.2
9	Alessandro Santini	Sorengo	1980	GOLD Savosa	0:33'29.8
10	Enea Dorici	Bidogno	1981	---	0:33'49.3
11	Loris Londino	Magliaso	1981	---	0:35'12.4
12	Nicola Fraschina	Tesserete	1971	FC Stella	0:35'24.7
13	Telmo Rodrigues	Sementina	1974	Moesa Runner	0:35'26.1
14	Stefano Castelli	Lugaggia	1975	ASCO	0:35'53.7
15	Alessandro Calviello	Lugano	1981	TASIS	0:36'15.1
16	Giacomo Cattaneo	Cagiallo	1988	---	0:36'30.4
17	Martino Singerberger	Ponte Capriasca	1985	---	0:36'47.7
18	Mauro Perseghini	Montagnola	1975	USC	0:36'51.9
19	Stefano Franzoni	I-Cantù	1986	---	0:37'00.8
20	Giacomo Agostini	Cagiallo	1979	Tri Team Ticino	0:37'10.3
21	Paolo Piattini	Campestro	1974	USC	0:37'11.6
22	Gabriele Rosa	Caslano	1977	Unitas	0:37'25.3
23	Leonida Stampanoni	Bigorio	1974	USC	0:37'35.2
24	Domenico Ronzoni	I-Cugliate	1975	GDF Lombardia	0:38'18.6
25	Ivano Pedrini	Tenero	1979	SAG Gordola	0:38'25.3
26	Matteo Cutunic	Lugano	1989	---	0:38'34.5
27	Christian Fonti	Lugano	1984	---	0:38'45.8
28	Maurizio Dellea	Rivera	1981	AS Monteceneri	0:38'57.0
29	Massimo Cassai	Curtina	1982	---	0:39'09.2
30	Lorenzo Clementi	Cagiallo	1982	---	0:39'34.4
31	Lorenzo Pawlowski	Rivera	1990	O-92	0:39'47.2
32	Maurizio Pozzoni	Sala Capriasca	1978	---	0:39'50.9
33	Samuele Scotti	Curio	1974	Teambike	0:40'21.2
34	Nicola Nesa	Sala Capriasca	1993	---	0:40'51.1
35	Alessandro Beffa	Airolo	1984	---	0:41'21.1
36	Alessandro Sia	Tesserete	1984	---	0:41'59.3
37	Maurizio Ferretti	Comano	1977	---	0:42'14.4
38	Lauro Marchesi	Monteggio	1985	---	0:42'46.6
39	Lorenzo Rovelli	Tesserete	1988	---	0:42'52.7
40	Davide Sarinelli	Cagiallo	1988	---	0:43'08.2
41	Davide Manni	Bioggio	1980	AS Monteceneri	0:43'31.7
42	Sigi Altendorfer	Bigorio	1983	USC	0:43'48.3
43	Eric Pongelli	Rivera	1985	USC	0:44'26.9
44	Andri Cloetta	Cadempino	1976	USC	0:44'41.9
45	Alan Hofer	Vezia	1978	---	0:44'47.8
46	Stefano Reiser	Sala	1989	USC	0:44'55.3
47	Mattia Sironi	Rivera	1989	---	0:45'03.0
48	Roberto Ferrari	Rivera	1989	---	0:45'05.1
49	Mirko Belotti	Cadro	1975	---	0:46'32.5

50	Stefano Rizzolio	I-Cannero	1977	---	0:47'26.0
51	Nemorino Gianotti	Lugaggia	1974	USC	0:47'57.0
52	Omar Carbognani	Sala Capriasca	1984	Volabass	0:48'21.8
53	Samuel Bralla	Arbedo	1978	USC	0:49'52.6
54	Nicolò Guidotti	Sementina	1988	Azienda Mondò	0:49'53.9
55	Timothy Prospero	Caslano	1978	---	0:50'20.8
56	Manuel Fibbioli	Bogno	1991	FC Stella	0:50'56.6
57	Sancio Hug	Pambio-Noranco	1975	---	0:52'03.5
58	Manuel Gamper	Cagiallo	1983	Sci club Capriasca	0:52'07.2
59	Gioacchino Noris	Vaglio	1983	Sci club Rodi Fiesso	0:54'50.0
60	Giacomo Fransioli	Dalpe	1984	---	0:55'35.3
61	Marzio Besomi	Campestro	1987	USC	0:58'31.2
62	Gioele Pellegrini	Bigorio	1984	USC	1:21'48.9
63	Claudio Pacchiani	Vaglio	1988	USC	1:21'49.8
64	Daniele Pacchiani	Vaglio	1981	USC	1:21'50.8

### Categoria U20M

Rango	Nome cognome	Domicilio	Anno	Società	tempo
1	Roberto Delorenzi	Sigirino	1997	USC	0:31'17.8
2	Tobia Pezzati	Sagno	1996	Atl. Mendrisiotto	0:33'21.7
3	Michele Lardi	Porza	1996	SAM	0:34'53.8
4	Jonathan Besomi	Tesserete	1995	USC	0:35'36.5
5	Thomas Borsari	I-Brunate	1996	---	0:36'18.5
6	Nicola Banfi	Veza	1999	GOLD Savosa	0:36'44.9
7	Siro Corsi	Novaggio	1999	Frecce Gialle	0:37'03.2
8	Manuele Ren	Ponte Capriasca	2001	ASCO	0:40'01.7
9	Fernando Berni	Buseno	2000	Moesa Runner	0:40'30.6
10	Felipe Pedrazzini	Viganello	2000	ASCO	0:42'28.9
11	Feliciano Pawlowski	Rivera	1995	O-92	0:44'43.0
12	Marco Delorenzi	Sigirino	1999	STT Bellinzona	0:45'17.0
13	Tommaso Besomi	Tesserete	2002	USC	0:47'03.2
14	Alex Del Fede	Sala Capriasca	1999	ASCO	0:51'00.4
15	Noè Toscanelli	Sonvico	2002	USC	0:55'26.4
	Ritirato				
16	Elia Toscanelli	Sonvico	1999	USC	

## Categoria M40

Rango	Nome cognome	Domicilio	Anno	Società	tempo
1	Orazio Bottura	I-Besana	1970	Tommy Sport	0:30'36.1
2	Jonathan Stampanoni	Bigorio	1970	USC	0:30'52.3
3	Moreno Trabucchi	Massagno	1970	---	0:31'23.8
4	Silvano Turati	Stabio	1972	VIGOR	0:32'18.7
5	Fabio Massera	Isonne	1968	Centro Mövat	0:32'43.3
6	Vittorio Anzini	Losone	1966	---	0:33'53.3
7	Ralf Mureddu	Tesserete	1967	USC	0:34'45.1
8	Adam Ferrari	Ponte Capriasca	1973	---	0:34'57.8
9	Massimo Marta	Roveredo GR	1973	Moesa Runner	0:34'59.4
10	Davide Gambonini	Bellinzona	1968	GAB	0:35'09.0
11	Mirco Pedrolì	Bodio	1966	AFS	0:35'18.0
12	Alberto Meroni	Mendrisio	1970	RCB	0:36'07.9
13	Thomas Banfi	Vezia	1971	GOLD Savosa	0:36'09.9
14	Willy Cereghetti	Bellinzona	1968	---	0:36'48.9
15	Sergio Valsangiacomo	Comano	1967	USC	0:37'09.0
16	Donato Mondelli	I-Plesio	1969	Atl. Cent. Lario	0:37'22.0
17	Michele Von Wartburg	Losone	1966	SPL	0:37'49.5
18	Luca Delorenzi	Sigirino	1964	---	0:37'56.7
19	Carmine Fuschetto	Roveredo GR	1965	Moesa Runner	0:37'59.2
20	Christian Gaberell	Rivera	1972	AS Monteceneri	0:38'04.0
21	Giovanni Gatti	Vezio	1971	---	0:38'10.7
22	Simone David	Rivera	1972	AS Monteceneri	0:38'12.6
23	Michele Ren	Ponte Capriasca	1972	ASCO	0:38'38.8
24	Maurizio Bugna	I-Clano	1964	Atl. Cent. Lario	0:38'42.9
25	Marco Zanetti	Camignolo	1970	AS Monteceneri	0:38'55.6
26	Roberto Casavecchia	Cugnasco-Gerra	1973	---	0:39'17.4
27	Paolo Borsani	I-Brunate	1967	---	0:39'36.5
28	Italo Coen	Vacallo	1965	VIGOR	0:39'41.9
29	Nicola Zambelli	Breno	1969	Unitas	0:39'54.7
30	Rinaldo Franchi	Arbedo	1971	---	0:39'59.0
31	Fabrizio Franchi	I-Lanzo	1967	Tommy Sport	0:40'10.2
32	Giancarlo Scacchi	Bedigliora	1967	Teambike	0:40'11.9
33	Rocco Guidotti	Sementina	1971	---	0:40'15.2
34	Mauro Cappellari	Monte Carasso	1971	SAB	0:40'24.1
35	Stefano Gübeli	Tesserete	1965	USC	0:40'31.7
36	Luca Manetti	Lugaggia	1973	---	0:40'38.8
37	Riccardo Gabusi	Lugano	1964	SAM	0:40'41.6
38	Attilio Camponati	Cadempino	1971	---	0:40'48.0
39	Fabio Rosati	Lugano	1971	---	0:40'53.9
40	Ralph Trippel	Comano	1968	---	0:40'55.3
41	Stefano Premoli	Taverne	1965	---	0:41'04.2
42	Davide Conca	Tesserete	1970	---	0:41'05.5
43	Giacomo Pesenti	Tesserete	1966	USC	0:41'15.2
44	Peter Müller	Lugaggia	1970	---	0:41'25.3
45	Marco Alliata	Tesserete	1966	---	0:41'36.1
46	Giorgio Rossi	Quartino	1970	Azienda Mondò	0:41'49.8
47	Pascal Campana	Sala Capriasca	1970	USC	0:42'04.7
48	Omar Silva	Lamone	1969	USC	0:42'34.1
49	Enzo Degiorgi	Manno	1966	Quadrifoglio	0:42'45.2

50	Silvano Traversi	Molinazzo /Monteggio	1968	---	0:42'49.8
51	Marco Bernasconi	Breganzona	1967	SAM	0:42'59.4
52	Umberto Caflisch	Minusio	1964	SPL	0:43'04.2
53	Michele Clinco	Bigorio	1965	---	0:43'30.5
54	Giuseppe Martino	Veza	1968	---	0:44'08.7
55	Tiziano Pedrazzoli	Monte Carasso	1971	Azienda Mondò	0:44'38.8
56	Luca Schwank	Pregassona	1971	GOLD Savosa	0:44'51.6
57	Michele Bagnoli	Breno	1971	---	0:45'09.2
58	Oscar Croci	Tesserete	1973	USC	0:45'30.8
59	Stefano Lorenzetti	Bedigliora	1969	Swiss Running	0:45'44.4
60	Sergio Zappa	Pura	1967	Frecce Gialle	0:45'48.1
61	Christian Ballabio	Origlio	1968	---	0:45'58.0
62	Flavio Pesciallo	Lugano	1969	---	0:46'52.3
63	Roberto Martignoli	Lodrino	1967	SPL	0:47'11.4
64	Raffaele Gornetti	I-Valsolda	1967	---	0:47'59.1
65	Michele Bernardoni	Cagiallo	1966	---	0:48'19.9
66	Michele Camnasio	Gravesano	1971	---	0:48'23.0
67	Lorenzo Orsi	Cagiallo	1970	---	0:48'50.5
68	Marco Del Fedele	Sala Capriasca	1970	ASCO	0:52'27.1
69	Pierluigi Brazzola	Tesserete	1966	ASCO	0:55'32.8
70	Stefano Bernardoni	Dalpe	1965	USC	0:55'34.1
71	Massimo Micarelli	Carabbia	1970	---	0:55'36.7

## Categoria M50

Rango	Nome cognome	Domicilio	Anno	Società	tempo
1	Roland Meister	Cimadara	1963	---	0:35'03.5
2	Gaetano Genovese	S.Antonino	1959	---	0:35'14.2
3	Giancarlo Fraquelli	I-CastiglioneIntelvi	1962	USC	0:35'57.7
4	Olimpio Rivera	Magliaso	1960	SFG Biasca	0:36'05.0
5	Giuseppe Rigamonti	I-Carlazzo	1959	Atl. Cent. Lario	0:37'02.0
6	Nicola Ramelli	Figino	1963	Unitas	0:37'06.4
7	Matteo Besomi	Tesserete	1960	USC	0:37'40.3
8	Christoph Schindler	Astano	1954	Frecce Gialle	0:38'09.5
9	Kandid Oehen	Cassina d'Agno	1959	Frecce Gialle	0:38'20.7
10	Brunello Aprile	Pura	1957	Frecce Gialle	0:38'49.0
11	Daniele Scotti	Castel San Pietro	1962	Bike Ticino	0:39'25.9
12	Claudio Santamaria	Cugnasco	1960	SPL	0:40'03.1
13	Nelson Candolfi	Locarno	1959	SPL	0:40'43.0
14	Soccorso Cresta	Breganzona	1956	SAM	0:40'46.3
15	Giorgio Muri	Bellinzona	1955	Moesa Runner	0:41'37.5
16	Ettore Mini	Campestro	1959	USC	0:41'51.0
17	Fiorenzo Ardia	Tesserete	1958	USC	0:42'03.0
18	Daniele Giudici	Montagnola	1961	---	0:43'28.9
19	Ivan Rossi	Pregassona	1957	---	0:45'21.1
20	Francesco Kliner	Mendrisio	1958	SAM	0:45'34.1
21	Diego Bianchini	Magliaso	1957	Canottieri Ceresio	0:45'38.0
22	Tiziano Crotta	Tesserete	1963	---	0:45'43.1
23	Alessandro Pawlowki	Rivera	1960	O-92	0:46'14.5
24	Oscar Toscanelli	Sonvico	1962	ASCO	0:47'21.9
25	Héctor Garcia	Lugano	1963	---	0:47'55.5
26	Danilo Fonti	Lugano	1955	---	0:48'38.5
27	Massimo Marchesi	Roveredo	1958	---	0:48'51.8
28	Marco Pongelli	Rivera	1955	AS Monteceneri	0:49'47.3
29	Sandro Grarpi	Pianezzo	1961	---	0:49'58.9
30	Roberto Pestoni	Monte Carasso	1957	RCB	0:50'22.5
31	Antonio Kocsis	Porza	1959	ASCO	0:50'26.6
32	Jean Meier	Ponte Capriasca	1961	Quadrifoglio	0:50'36.1
33	Romano Löhrer	Comano	1962	USC	0:50'47.6
34	Paolo Beltraminelli	Pregassona	1961	ASCO	0:51'13.4
35	Mario Pasquali	Breganzona	1963	---	0:51'35.8
36	Umberto Odermatt	Biasca	1958	SPL	0:52'54.1
37	Adriano Laudato	Orselina	1954	SPL	0:54'29.6
38	Domenico Fraschina	Tesserete	1959	---	0:55'15.9
39	Demetrio Carotti	Odogno	1963	---	0:56'36.5
40	Massimo Janni	Agno	1962	---	1:03'16.5
Ritirato					
	Gabriele Zanzi	Ponte Capriasca	1963	ASCO	



## Categoria M60

Rango	Nome cognome	Domicilio	Anno	Società	tempo
1	Mario Giudici	I- Appiano Gentile	1952	Atl. Rovellasca	0:35'22.9
2	Mario Maffongelli	San Pietro di Stabio	1951	SFG Stabio	0:38'44.0
3	Antonello Bolla	I-Laino Co	1950	Atl. Cent. Lario	0:38'51.6
4	Dino Bersacola	Claro	1949	RCB	0:39'14.3
5	Sergio Dattrino	Gorduno	1947	RCB	0:40'33.5
6	Sergio Mona	Arbedo	1950	RCB	0:41'28.7
7	Sandro Pedretti	Airolo	1951	GP Leventina	0:41'38.2
8	Antonio Rossi	Breganzona	1952	Centro Mövat	0:42'12.0
9	Walter Soldati	Morbio Inferiore	1951	---	0:42'26.3
10	Giancarlo Airoidi	Bellinzona	1951	---	0:42'30.2
11	Renato Capezzoli	Veza	1943	SAM	0:43'47.0
12	Giacomo Galbusera	Grono	1953	Moesa Runner	0:44'29.1
13	Stefano Manetti	Camorino	1951	AS Monteceneri	0:46'09.9
14	Raymond Perret	Allschwil	1947	---	0:46'46.7
15	Luigi Nonella	Cadenazzo	1951	VIRTUS	0:46'57.3
16	Remo Fransioli	Prato Leventina	1942	GP Leventina	0:47'27.5
17	Nicola Carenini	Bellinzona	1947	RCB	0:50'00.2
18	Armando Ardia	Tesserete	1949	USC	0:50'34.5
19	Gianni Donati	Vaglio	1948	USC	0:52'28.5
20	Waldo Ponzio	Bellinzona	1944	RCB	0:55'44.1
21	Giorgio Fontana	Valsolda	1947	Santi Mo/SO	0:56'33.5
22	Heinz Flück	Cadenazzo	1947	---	0:58'52.4
23	Sebastiano Carpentieri	Campione d'Italia	1939	Polisp.Campionesese	1:00'04.0
24	Edmund Ermertz	Stäfa	1937	Runner's club Ticino	1:04'08.1
25	Giulio Dorico	Campione	1936	---	1:20'48.8

## Categoria W

Rango	Nome cognome	Domicilio	Anno	Società	tempo
1	Angela Haldimann-Riedo	Gordola	1982	VIGOR	0:32'26.3
2	Manuela Falconi	Biasca	1975	SFG Biasca	0:33'50.8
3	Gloria Giudici	I-Appiano Gentile	1987	Atl. Rovellasca	0:38'41.8
4	Barbara Trabucchi	Massagno	1981	---	0:39'21.5
5	Barbara Lucchini	Gordola	1980	---	0:41'23.2
6	Sofia Besomi	Tesserete	1999	USC	0:41'33.9
7	Lisa Conza	Taverne	1983	SAM	0:41'39.4
8	Coline Herren	Fribourg	1986	---	0:41'55.0
9	Claudia Andreazzi	Bellinzona	1982	RCB	0:42'17.7
10	Katia Bossi	Sementina	1975	Moesa Runner	0:45'40.1
11	Francesca Tomasini	Ponte Capriasca	1974	---	0:46'01.5
12	Kalinka Berger	Torricella	1981	---	0:46'13.2
13	Laura Moretti	Monte Carasso	1976	GAB	0:46'33.5
14	Barbara Conrad	Bellinzona	1977	RCB	0:46'41.0
15	Federica Gianola	Bosco Luganese	1994	GOLD Savosa	0:46'49.4
16	Noemi Inderst	Caslano	1995	GOLD Savosa	0:49'03.7
17	Barbara Tunesi Schwank	Pregassona	1975	ASCO	0:50'07.4
18	Muriel Hendrichs	Vaglio	1983	Volabass	0:50'40.2
19	Luana Pongelli	Vaglio	1984	---	0:50'41.5
20	Zuleika Carenini	Preonzo	1977	RCB	0:53'38.9
21	Giulia Ghielmetti	Sementina	1984	Sci club Rodi Fiesso	0:54'13.0
22	Silvia Casagrande	Airolo	1983	---	0:56'23.3

## Categoria W40

Rango	Nome cognome	Domicilio	Anno	Società	tempo
1	Jeanette Bragagnolo	S.Antonino	1971	SAB	0:35'13.3
2	Elisabetta Di Gregorio	I-Laveno Mombello	1971	---	0:36'20.0
3	Loredana Rossi	Sementina	1972	SAB	0:39'13.2
4	Patrizia Piattini	Tesserete	1972	USC	0:40'19.8
5	Paola Engelhardt	Locarno	1964	Centro Mövat	0:42'51.1
6	Katharina Wangler	Gorduno	1967	RCB	0:45'12.8
7	Marzia Beltraminelli	Pregassona	1965	ASCO	0:45'14.9
8	Gabriella Quadri	Porza	1965	ASCO	0:45'15.7
9	Patrizia Papais	Camorino	1973	---	0:45'25.0
10	Daniela Berti-Riggi	Bironico	1967	RCB	0:46'21.8
11	Sara Delucchi	Breno	1967	Unitas	0:47'36.0
12	Pilar Espi	Bellinzona	1964	RCB	0:48'18.6
13	Alessandra Bernasconi Hauke	Gudo	1973	Centro Mövat	0:48'37.2
14	Iris Von Wartburg	Ponte Brolla	1964	Centro Mövat	0:48'48.3
15	Lara Zambelli	Breno	1971	---	0:49'43.8
16	Cristina Ren	Ponte Capriasca	1973	ASCO	0:50'06.1
17	Silva Lanfranchi	Gudo	1967	RCB	0:50'59.0
18	Antonella Daldini	Breganzona	1968	SAM	0:51'34.3
19	Teresa Ferrari	Pregassona	1966	boboteam	0:51'40.0

## Categoria W50

Rango	Nome cognome	Domicilio	Anno	Società	tempo
1	Claudia Mazzuchelli	Gordola	1962	O-92	0:41'32.7
2	Patrizia Rusca	Comano	1960	Co Aget	0:44'53.8
3	Maria Soldini	Comano	1952	USC	0:44'59.6
4	Carla Bolis	Camorino	1959	O-92	0:46'48.0
5	Kordula Dattrino	Gorduno	1959	RCB	0:47'33.8
6	Heidi Bousbah Tanner	Minusio	1948	SPL	0:52'29.8
7	Mechthil Morawietz	Cadempino	1962	---	0:52'44.7
8	Romana Crotti	Cama	1957	RCB	0:54'52.1
	Ritirata				
	Nicoletta Moser Maffioli	Lugaggia	1963	---	

## Categoria M20

Rango	Nome cognome	Domicilio	Anno	Società	tempo
1	Lukas Oehen	Cassina d'Agno	1986	Frecce Gialle	0:28'53.4
2	Ivan Pongelli	Bironico	1978	GAB	0:29'03.5
3	Fabio Giudici	I-Appiano Gentile	1984	Atl. Rovellasca	0:30'42.5
4	Jeanmarc Cattori	Ascona	1974	Comacina atl. EU	0:31'16.6
5	Andrea Guarino	Breganzona	1977	---	0:31'28.0
6	Giorgio Pongelli	Vaglio	1981	USC	0:31'39.2
7	Tiziano Sarinelli	Lugano	1986	Comacina atl. EU	0:32'51.4
8	Elia Stampanoni	Bigorio	1977	USC	0:33'02.2
9	Alessandro Santini	Sorengo	1980	GOLD Savosa	0:33'29.8
10	Enea Dorici	Bidogno	1981	---	0:33'49.3
11	Loris Londino	Magliaso	1981	---	0:35'12.4
12	Nicola Fraschina	Tesserete	1971	FC Stella	0:35'24.7
13	Telmo Rodrigues	Sementina	1974	Moesa Runner	0:35'26.1
14	Stefano Castelli	Lugaggia	1975	ASCO	0:35'53.7
15	Alessandro Calviello	Lugano	1981	TASIS	0:36'15.1
16	Giacomo Cattaneo	Cagiallo	1988	---	0:36'30.4
17	Martino Singerberger	Ponte Capriasca	1985	---	0:36'47.7
18	Mauro Perseghini	Montagnola	1975	USC	0:36'51.9
19	Stefano Franzoni	I-Cantù	1986	---	0:37'00.8
20	Giacomo Agostini	Cagiallo	1979	Tri Team Ticino	0:37'10.3
21	Paolo Piattini	Campestro	1974	USC	0:37'11.6
22	Gabriele Rosa	Caslano	1977	Unitas	0:37'25.3
23	Leonida Stampanoni	Bigorio	1974	USC	0:37'35.2
24	Domenico Ronzoni	I-Cugliate	1975	GDF Lombardia	0:38'18.6
25	Ivano Pedrini	Tenero	1979	SAG Gordola	0:38'25.3
26	Matteo Cutunic	Lugano	1989	---	0:38'34.5
27	Christian Fonti	Lugano	1984	---	0:38'45.8
28	Maurizio Dellea	Rivera	1981	AS Monteceneri	0:38'57.0
29	Massimo Cassai	Curtina	1982	---	0:39'09.2
30	Lorenzo Clementi	Cagiallo	1982	---	0:39'34.4
31	Lorenzo Pawlowski	Rivera	1990	O-92	0:39'47.2
32	Maurizio Pozzoni	Sala Capriasca	1978	---	0:39'50.9
33	Samuele Scotti	Curio	1974	Teambike	0:40'21.2
34	Nicola Nesa	Sala Capriasca	1993	---	0:40'51.1
35	Alessandro Beffa	Airolo	1984	---	0:41'21.1
36	Alessandro Sia	Tesserete	1984	---	0:41'59.3
37	Maurizio Ferretti	Comano	1977	---	0:42'14.4
38	Lauro Marchesi	Monteggio	1985	---	0:42'46.6
39	Lorenzo Rovelli	Tesserete	1988	---	0:42'52.7
40	Davide Sarinelli	Cagiallo	1988	---	0:43'08.2
41	Davide Manni	Bioggio	1980	AS Monteceneri	0:43'31.7
42	Sigi Altendorfer	Bigorio	1983	USC	0:43'48.3
43	Eric Pongelli	Rivera	1985	USC	0:44'26.9
44	Andri Cloetta	Cadempino	1976	USC	0:44'41.9
45	Alan Hofer	Vezia	1978	---	0:44'47.8
46	Stefano Reiser	Sala	1989	USC	0:44'55.3
47	Mattia Sironi	Rivera	1989	---	0:45'03.0
48	Roberto Ferrari	Rivera	1989	---	0:45'05.1
49	Mirko Belotti	Cadro	1975	---	0:46'32.5

50	Stefano Rizzolio	I-Cannero	1977	---	0:47'26.0
51	Nemorino Gianotti	Lugaggia	1974	USC	0:47'57.0
52	Omar Carbognani	Sala Capriasca	1984	Volabass	0:48'21.8
53	Samuel Bralla	Arbedo	1978	USC	0:49'52.6
54	Nicolò Guidotti	Sementina	1988	Azienda Mondò	0:49'53.9
55	Timothy Prospero	Caslaro	1978	---	0:50'20.8
56	Manuel Fibbioli	Bogno	1991	FC Stella	0:50'56.6
57	Sancio Hug	Pambio-Noranco	1975	---	0:52'03.5
58	Manuel Gamper	Cagiallo	1983	Sci club Capriasca	0:52'07.2
59	Gioacchino Noris	Vaglio	1983	Sci club Rodi Fiesso	0:54'50.0
60	Giacomo Fransioli	Dalpe	1984	---	0:55'35.3
61	Marzio Besomi	Campestro	1987	USC	0:58'31.2
62	Gioele Pellegrini	Bigorio	1984	USC	1:21'48.9
63	Claudio Pacchiani	Vaglio	1988	USC	1:21'49.8
64	Daniele Pacchiani	Vaglio	1981	USC	0 1:21'50.8

## Categoria U20M

Rango	Nome cognome	Domicilio	Anno	Società	tempo
1	Roberto Delorenzi	Sigirino	1997	USC	0:31'17.8
2	Tobia Pezzati	Sagno	1996	Atl. Mendrisiotto	0:33'21.7
3	Michele Lardi	Porza	1996	SAM	0:34'53.8
4	Jonathan Besomi	Tesserete	1995	USC	0:35'36.5
5	Thomas Borsari	I-Brunate	1996	---	0:36'18.5
6	Nicola Banfi	Veza	1999	GOLD Savosa	0:36'44.9
7	Siro Corsi	Novaggio	1999	Frecce Gialle	0:37'03.2
8	Manuele Ren	Ponte Capriasca	2001	ASCO	0:40'01.7
9	Fernando Berni	Buseno	2000	Moesa Runner	0:40'30.6
10	Felipe Pedrazzini	Viganello	2000	ASCO	0:42'28.9
11	Feliciano Pawlowski	Rivera	1995	O-92	0:44'43.0
12	Marco Delorenzi	Sigirino	1999	STT Bellinzona	0:45'17.0
13	Tommaso Besomi	Tesserete	2002	USC	0:47'03.2
14	Alex Del Fede	Sala Capriasca	1999	ASCO	0:51'00.4
15	Noè Toscanelli	Sonvico	2002	USC	0:55'26.4
	Ritirato				
16	Elia Toscanelli	Sonvico	1999	USC	

## Categoria M40

Rango	Nome cognome	Domicilio	Anno	Società	tempo
1	Orazio Bottura	I-Besana	1970	Tommy Sport	0:30'36.1
2	Jonathan Stampanoni	Bigorio	1970	USC	0:30'52.3
3	Moreno Trabucchi	Massagno	1970	---	0:31'23.8
4	Silvano Turati	Stabio	1972	VIGOR	0:32'18.7
5	Fabio Massera	Isonne	1968	Centro Mövat	0:32'43.3
6	Vittorio Anzini	Losone	1966	---	0:33'53.3
7	Ralf Mureddu	Tesserete	1967	USC	0:34'45.1
8	Adam Ferrari	Ponte Capriasca	1973	---	0:34'57.8
9	Massimo Marta	Roveredo GR	1973	Moesa Runner	0:34'59.4
10	Davide Gambonini	Bellinzona	1968	GAB	0:35'09.0
11	Mirco Pedrolì	Bodio	1966	AFS	0:35'18.0
12	Alberto Meroni	Mendrisio	1970	RCB	0:36'07.9
13	Thomas Banfi	Vezia	1971	GOLD Savosa	0:36'09.9
14	Willy Cereghetti	Bellinzona	1968	---	0:36'48.9
15	Sergio Valsangiacomo	Comano	1967	USC	0:37'09.0
16	Donato Mondelli	I-Plesio	1969	Atl. Cent. Lario	0:37'22.0
17	Michele Von Wartburg	Losone	1966	SPL	0:37'49.5
18	Luca Delorenzi	Sigirino	1964	---	0:37'56.7
19	Carmine Fuschetto	Roveredo GR	1965	Moesa Runner	0:37'59.2
20	Christian Gaberell	Rivera	1972	AS Monteceneri	0:38'04.0
21	Giovanni Gatti	Vezio	1971	---	0:38'10.7
22	Simone David	Rivera	1972	AS Monteceneri	0:38'12.6
23	Michele Ren	Ponte Capriasca	1972	ASCO	0:38'38.8
24	Maurizio Bugna	I-Clano	1964	Atl. Cent. Lario	0:38'42.9
25	Marco Zanetti	Camignolo	1970	AS Monteceneri	0:38'55.6
26	Roberto Casavecchia	Cugnasco-Gerra	1973	---	0:39'17.4
27	Paolo Borsani	I-Brunate	1967	---	0:39'36.5
28	Italo Coen	Vacallo	1965	VIGOR	0:39'41.9
29	Nicola Zambelli	Breno	1969	Unitas	0:39'54.7
30	Rinaldo Franchi	Arbedo	1971	---	0:39'59.0
31	Fabrizio Franchi	I-Lanzo	1967	Tommy Sport	0:40'10.2
32	Giancarlo Scacchi	Bedigliora	1967	Teambike	0:40'11.9
33	Rocco Guidotti	Sementina	1971	---	0:40'15.2
34	Mauro Cappellari	Monte Carasso	1971	SAB	0:40'24.1
35	Stefano Gübeli	Tesserete	1965	USC	0:40'31.7
36	Luca Manetti	Lugaggia	1973	---	0:40'38.8
37	Riccardo Gabusi	Lugano	1964	SAM	0:40'41.6
38	Attilio Camponati	Cadempino	1971	---	0:40'48.0
39	Fabio Rosati	Lugano	1971	---	0:40'53.9
40	Ralph Trippel	Comano	1968	---	0:40'55.3
41	Stefano Premoli	Taverne	1965	---	0:41'04.2
42	Davide Conca	Tesserete	1970	---	0:41'05.5
43	Giacomo Pesenti	Tesserete	1966	USC	0:41'15.2
44	Peter Müller	Lugaggia	1970	---	0:41'25.3
45	Marco Alliata	Tesserete	1966	---	0:41'36.1
46	Giorgio Rossi	Quartino	1970	Azienda Mondò	0:41'49.8
47	Pascal Campana	Sala Capriasca	1970	USC	0:42'04.7
48	Omar Silva	Lamone	1969	USC	0:42'34.1
49	Enzo Degiorgi	Manno	1966	Quadrifoglio	0:42'45.2

50	Silvano Traversi	Molinazzo /Monteggio	1968	---	0:42'49.8
51	Marco Bernasconi	Breganzona	1967	SAM	0:42'59.4
52	Umberto Caflisch	Minusio	1964	SPL	0:43'04.2
53	Michele Clinco	Bigorio	1965	---	0:43'30.5
54	Giuseppe Martino	Vezia	1968	---	0:44'08.7
55	Tiziano Pedrazzoli	Monte Carasso	1971	Azienda Mondò	0:44'38.8
56	Luca Schwank	Pregassona	1971	GOLD Savosa	0:44'51.6
57	Michele Bagnoli	Breno	1971	---	0:45'09.2
58	Oscar Croci	Tesserete	1973	USC	0:45'30.8
59	Stefano Lorenzetti	Bedigliora	1969	Swiss Running	0:45'44.4
60	Sergio Zappa	Pura	1967	Frecce Gialle	0:45'48.1
61	Christian Ballabio	Origlio	1968	---	0:45'58.0
62	Flavio Pesciallo	Lugano	1969	---	0:46'52.3
63	Roberto Martignoli	Lodrino	1967	SPL	0:47'11.4
64	Raffaele Gornetti	I-Valsolda	1967	---	0:47'59.1
65	Michele Bernardoni	Cagiallo	1966	---	0:48'19.9
66	Michele Camnasio	Gravesano	1971	---	0:48'23.0
67	Lorenzo Orsi	Cagiallo	1970	---	0:48'50.5
68	Marco Del Fedele	Sala Capriasca	1970	ASCO	0:52'27.1
69	Pierluigi Brazzola	Tesserete	1966	ASCO	0:55'32.8
70	Stefano Bernardoni	Dalpe	1965	USC	0:55'34.1
71	Massimo Micarelli	Carabbia	1970	---	0:55'36.7



## Categoria M50

Rango	Nome cognome	Domicilio	Anno	Società	tempo
1	Roland Meister	Cimadera	1963	---	0:35'03.5
2	Gaetano Genovese	S.Antonino	1959	---	0:35'14.2
3	Giancarlo Fraquelli	I-CastiglioneIntelvi	1962	USC	0:35'57.7
4	Olimpio Rivera	Magliaso	1960	SFG Biasca	0:36'05.0
5	Giuseppe Rigamonti	I-Carlazzo	1959	Atl. Cent. Lario	0:37'02.0
6	Nicola Ramelli	Figino	1963	Unitas	0:37'06.4
7	Matteo Besomi	Tesserete	1960	USC	0:37'40.3
8	Christoph Schindler	Astano	1954	Frecce Gialle	0:38'09.5
9	Kandid Oehen	Cassina d'Agno	1959	Frecce Gialle	0:38'20.7
10	Brunello Aprile	Pura	1957	Frecce Gialle	0:38'49.0
11	Daniele Scotti	Castel San Pietro	1962	Bike Ticino	0:39'25.9
12	Claudio Santamaria	Cugnasco	1960	SPL	0:40'03.1
13	Nelson Candolfi	Locarno	1959	SPL	0:40'43.0
14	Soccorso Cresta	Breganzona	1956	SAM	0:40'46.3
15	Giorgio Muri	Bellinzona	1955	Moesa Runner	0:41'37.5
16	Ettore Mini	Campestro	1959	USC	0:41'51.0
17	Fiorenzo Ardia	Tesserete	1958	USC	0:42'03.0
18	Daniele Giudici	Montagnola	1961	---	0:43'28.9
19	Ivan Rossi	Pregassona	1957	---	0:45'21.1
20	Francesco Kliner	Mendrisio	1958	SAM	0:45'34.1
21	Diego Bianchini	Magliaso	1957	Canottieri Ceresio	0:45'38.0
22	Tiziano Crotta	Tesserete	1963	---	0:45'43.1
23	Alessandro Pawlowki	Rivera	1960	O-92	0:46'14.5
24	Oscar Toscanelli	Sonvico	1962	ASCO	0:47'21.9
25	Héctor Garcia	Lugano	1963	---	0:47'55.5
26	Danilo Fonti	Lugano	1955	---	0:48'38.5
27	Massimo Marchesi	Roveredo	1958	---	0:48'51.8
28	Marco Pongelli	Rivera	1955	AS Monteceneri	0:49'47.3
29	Sandro Grarpi	Pianezzo	1961	---	0:49'58.9
30	Roberto Pestoni	Monte Carasso	1957	RCB	0:50'22.5
31	Antonio Kocsis	Porza	1959	ASCO	0:50'26.6
32	Jean Meier	Ponte Capriasca	1961	Quadrifoglio	0:50'36.1
33	Romano Löhrer	Comano	1962	USC	0:50'47.6
34	Paolo Beltraminelli	Pregassona	1961	ASCO	0:51'13.4
35	Mario Pasquali	Breganzona	1963	---	0:51'35.8
36	Umberto Odermatt	Biasca	1958	SPL	0:52'54.1
37	Adriano Laudato	Orselina	1954	SPL	0:54'29.6
38	Domenico Fraschina	Tesserete	1959	---	0:55'15.9
39	Demetrio Carotti	Odogno	1963	---	0:56'36.5
40	Massimo Janni	Agno	1962	---	1:03'16.5
Ritirato					
	Gabriele Zanzi	Ponte Capriasca	1963	ASCO	

## Categoria M60

Rango	Nome cognome	Domicilio	Anno	Società	tempo
1	Mario Giudici	I- Appiano Gentile	1952	Atl. Rovellasca	0:35'22.9
2	Mario Maffongelli	San Pietro di Stabio	1951	SFG Stabio	0:38'44.0
3	Antonello Bolla	I-Laino Co	1950	Atl. Cent. Lario	0:38'51.6
4	Dino Bersacola	Claro	1949	RCB	0:39'14.3
5	Sergio Dattrino	Gorduno	1947	RCB	0:40'33.5
6	Sergio Mona	Arbedo	1950	RCB	0:41'28.7
7	Sandro Pedretti	Airolo	1951	GP Leventina	0:41'38.2
8	Antonio Rossi	Breganzona	1952	Centro Mövat	0:42'12.0
9	Walter Soldati	Morbio Inferiore	1951	---	0:42'26.3
10	Giancarlo Airoidi	Bellinzona	1951	---	0:42'30.2
11	Renato Capezzoli	Veza	1943	SAM	0:43'47.0
12	Giacomo Galbusera	Grono	1953	Moesa Runner	0:44'29.1
13	Stefano Manetti	Camorino	1951	AS Monteceneri	0:46'09.9
14	Raymond Perret	Allschwil	1947	---	0:46'46.7
15	Luigi Nonnella	Cadenazzo	1951	VIRTUS	0:46'57.3
16	Remo Fransioli	Prato Leventina	1942	GP Leventina	0:47'27.5
17	Nicola Carenini	Bellinzona	1947	RCB	0:50'00.2
18	Armando Ardia	Tesserete	1949	USC	0:50'34.5
19	Gianni Donati	Vaglio	1948	USC	0:52'28.5
20	Waldo Ponzio	Bellinzona	1944	RCB	0:55'44.1
21	Giorgio Fontana	Valsolda	1947	Santi Mo/SO	0:56'33.5
22	Heinz Flück	Cadenazzo	1947	---	0:58'52.4
23	Sebastiano Carpentieri	Campione d'Italia	1939	Polisp.Campionese	1:00'04.0
24	Edmund Ermertz	Stäfa	1937	Runner's club Ticino	1:04'08.1
25	Giulio Dorico	Campione	1936	---	1:20'48.8

## Categoria W

Rango	Nome cognome	Domicilio	Anno	Società	tempo
1	Angela Haldimann-Riedo	Gordola	1982	VIGOR	0:32'26.3
2	Manuela Falconi	Biasca	1975	SFG Biasca	0:33'50.8
3	Gloria Giudici	I-Appiano Gentile	1987	Atl. Rovellasca	0:38'41.8
4	Barbara Trabucchi	Massagno	1981	---	0:39'21.5
5	Barbara Lucchini	Gordola	1980	---	0:41'23.2
6	Sofia Besomi	Tesserete	1999	USC	0:41'33.9
7	Lisa Conza	Taverne	1983	SAM	0:41'39.4
8	Coline Herren	Fribourg	1986	---	0:41'55.0
9	Claudia Andreazzi	Bellinzona	1982	RCB	0:42'17.7
10	Katia Bossi	Sementina	1975	Moesa Runner	0:45'40.1
11	Francesca Tomasini	Ponte Capriasca	1974	---	0:46'01.5
12	Kalinka Berger	Torricella	1981	---	0:46'13.2
13	Laura Moretti	Monte Carasso	1976	GAB	0:46'33.5
14	Barbara Conrad	Bellinzona	1977	RCB	0:46'41.0
15	Federica Gianola	Bosco Luganese	1994	GOLD Savosa	0:46'49.4
16	Noemi Inderst	Caslano	1995	GOLD Savosa	0:49'03.7
17	Barbara Tunesi Schwank	Pregassona	1975	ASCO	0:50'07.4
18	Muriel Hendrichs	Vaglio	1983	Volabass	0:50'40.2
19	Luana Pongelli	Vaglio	1984	---	0:50'41.5
20	Zuleika Carenini	Preonzo	1977	RCB	0:53'38.9
21	Giulia Ghielmetti	Sementina	1984	Sci club Rodi Fiesso	0:54'13.0
22	Silvia Casagrande	Airolo	1983	---	0:56'23.3

## Categoria W40

Rango	Nome cognome	Domicilio	Anno	Società	tempo
1	Jeanette Bragagnolo	S.Antonino	1971	SAB	0:35'13.3
2	Elisabetta Di Gregorio	I-Laveno Mombello	1971	---	0:36'20.0
3	Loredana Rossi	Sementina	1972	SAB	0:39'13.2
4	Patrizia Piattini	Tesserete	1972	USC	0:40'19.8
5	Paola Engelhardt	Locarno	1964	Centro Mövat	0:42'51.1
6	Katharina Wangler	Gorduno	1967	RCB	0:45'12.8
7	Marzia Beltraminelli	Pregassona	1965	ASCO	0:45'14.9
8	Gabriella Quadri	Porza	1965	ASCO	0:45'15.7
9	Patrizia Papais	Camorino	1973	---	0:45'25.0
10	Daniela Berti-Riggi	Bironico	1967	RCB	0:46'21.8
11	Sara Delucchi	Breno	1967	Unitas	0:47'36.0
12	Pilar Espi	Bellinzona	1964	RCB	0:48'18.6
13	Alessandra Bernasconi Hauke	Gudo	1973	Centro Mövat	0:48'37.2
14	Iris Von Wartburg	Ponte Brolla	1964	Centro Mövat	0:48'48.3
15	Lara Zambelli	Breno	1971	---	0:49'43.8
16	Cristina Ren	Ponte Capriasca	1973	ASCO	0:50'06.1
17	Silva Lanfranchi	Gudo	1967	RCB	0:50'59.0
18	Antonella Daldini	Breganzona	1968	SAM	0:51'34.3
19	Teresa Ferrari	Pregassona	1966	boboteam	0:51'40.0

**Categoria W50**

Rango	Nome cognome	Domicilio	Anno	Società	tempo
1	Claudia Mazzuchelli	Gordola	1962	O-92	0:41'32.7
2	Patrizia Rusca	Comano	1960	Co Aget	0:44'53.8
3	Maria Soldini	Comano	1952	USC	0:44'59.6
4	Carla Bolis	Camorino	1959	O-92	0:46'48.0
5	Kordula Dattrino	Gorduno	1959	RCB	0:47'33.8
6	Heidi Bousoni Tanner	Minusio	1948	SPL	0:52'29.8
7	Mechthil Morawietz	Cadempino	1962	---	0:52'44.7
8	Romana Crotti	Cama	1957	RCB	0:54'52.1
	Ritirata				
	Nicoletta Moser Maffioli	Lugaggia	1963	---	

Rango	Cat.	Nome Cognome	Anno	Società	Tempo	U20M	M20	M40	M50	M60	W	W35	W45
1	A	<b>Lukas Oehen</b>	86	Frecce Gialle	0:28'53.44		<b>1</b>						
2	A	<b>Ivan Pongelli</b>	78	GAB	0:29'03.53		<b>2</b>						
3	V1	<b>Orazio Bottura</b>	70	Tommy Sport	0:30'36.12			<b>1</b>					
4	A	<b>Fabio Giudici</b>	84	Atl. Rovellasca	0:30'42.53		<b>3</b>						
5	V1	<b>Jonathan Stampanoni</b>	70	USC	0:30'52.31			<b>2</b>					
6	A	Jeanmarc Cattori	74	Comacina atl. EU	0:31'16.62		4						
7	J	<b>Roberto Delorenzi</b>	97	USC	0:31'17.84	<b>1</b>							
8	V1	<b>Moreno Trabucchi</b>	70	---	0:31'23.84			<b>3</b>					
9	A	Andrea Guarino	77	---	0:31'28.03		5						
10	A	Giorgio Pongelli	81	USC	0:31'39.22		6						
11	V1	Silvano Turati	72	VIGOR	0:32'18.72			4					
12	D	<b>Angela Haldimann-Riedo</b>	82	VIGOR	0:32'26.31						<b>1</b>		
13	V1	Fabio Massera	68	Centro Mövat	0:32'43.38			5					
14	A	Tiziano Sarinelli	86	Comacina atl. EU	0:32'51.44		7						
15	A	Elia Stampanoni	77	USC	0:33'02.25		8						
16	J	<b>Tobia Pezzati</b>	96	Aletica Mendrisio	0:33'21.72	<b>2</b>							
17	A	Alessandro Santini	80	GOLD Savosa	0:33'29.81		9						
18	A	Enea Dorici	81	---	0:33'49.31		10						
19	D	<b>Manuela Falconi</b>	75	SFG Biasca	0:33'50.81						<b>2</b>		
20	V1	Vittorio Anzini	66	---	0:33'53.34			6					
21	V1	Ralf Mureddu	67	USC	0:34'45.12			7					
22	J	<b>Michele Lardi</b>	96	SAM	0:34'53.81	<b>3</b>							
23	V1	Adam Ferrari	73	---	0:34'57.88			8					
24	V1	Massimo Marta	73	Moesa Runner	0:34'59.47			9					
25	V2	<b>Roland Meister</b>	63	---	0:35'03.59				<b>1</b>				
26	V1	Davide Gambonini	68	GAB	0:35'09.09			10					
27	A	Loris Londino	81	---	0:35'12.47		11						
28	D40	<b>Jeanette Bragagnolo</b>	71	SAB	0:35'13.34							<b>1</b>	
29	V2	<b>Gaetano Genovese</b>	59	---	0:35'14.21				<b>2</b>				
30	V1	Mirco Pedroli	66	AFS	0:35'18.09			11					
31	V3	<b>Mario Giudici</b>	52	Atl. Rovellasca	0:35'22.94					<b>1</b>			
32	A	Nicola Fraschina	90	FC Stella	0:35'24.72		12						

Rango	Cat.	Nome Cognome	Anno	Società	Tempo	U20M	M20	M40	M50	M60	W	W35	W45
33	A	Telmo Rodrigues	74	Moesa Runner	0:35'26.12		13						
34	J	Jonathan Besomi	95	USC	0:35'36.56	4							
35	A	Stefano Castelli	75	ASCO	0:35'53.75		14						
36	V2	<b>Giancarlo Fraquelli</b>	62	USC	0:35'57.72				<b>3</b>				
37	V2	Olimpio Rivera	60	SFG Biasca	0:36'05.06				4				
38	V1	Alberto Meroni	70	RCB	0:36'07.97			12					
39	V1	Thomas Banfi	71	GOLD Savosa	0:36'09.94			13					
40	A	Alessandro Calviello	81	TASIS	0:36'15.18		15						
41	J	Thomas Borsari	96	---	0:36'18.56	5							
42	D40	<b>Elisabetta Di Gregorio</b>	71	---	0:36'20.00							<b>2</b>	
43	A	Giacomo Cattaneo	88	---	0:36'30.47		16						
44	J	Nicola Banfi	99	GOLD Savosa	0:36'44.97	6							
45	A	Martino Singerberger	85	---	0:36'47.75		17						
46	V1	Willy Cereghetti	68	---	0:36'48.97			14					
47	A	Mauro Perseghini	75	USC	0:36'51.97		18						
48	A	Stefano Franzoni	86	---	0:37'00.81		19						
49	V2	Giuseppe Rigamonti	59	Atl. Cent. Lario	0:37'02.06				5				
50	J	Siro Corsi	99	Frecce Gialle	0:37'03.25	7							
51	V2	Nicola Ramelli	63	Unitas	0:37'06.44				6				
52	V1	Sergio Valsangiacomo	67	USC	0:37'09.03			15					
53	A	Giacomo Agostini	79	Tri Team Ticino	0:37'10.31		20						
54	A	Paolo Piattini	74	USC	0:37'11.66		21						
55	V1	Donato Mondelli	69	Atl. Cent. Lario	0:37'22.06			16					
56	A	Gabriele Rosa	77	Unitas	0:37'25.34		22						
57	A	Leonida Stampanoni	74	USC	0:37'35.22		23						
58	V2	Matteo Besomi	60	USC	0:37'40.38				7				
59	V1	Michele Von Wartburg	66	SPL	0:37'49.53			17					
60	V1	Luca Delorenzi	64	---	0:37'56.78			18					
61	V1	Carmine Fuschetto	65	Moesa Runner	0:37'59.22			19					
62	V1	Christian Gaberell	72	AS Monteceneri	0:38'04.09			20					
63	V2	Christoph Schindler	54	Frecce Gialle	0:38'09.53				8				
64	V1	Giovanni Gatti	71	---	0:38'10.78			21					

## 33 Edizione Tesserete-Gola di Lago - 7,2 Km 494 m dsl.

Rango	Cat.	Nome Cognome	Anno	Società	Tempo	U20M	M20	M40	M50	M60	W	W35	W45
65	V1	Simone David	72	AS Monteceneri	0:38'12.62			22					
66	A	Domenico Ronzoni	75	GDF Lombardia	0:38'18.69		24						
67	V2	Kandid Oehen	59	Frecce Gialle	0:38'20.72				9				
68	A	Ivano Pedrini	79	SAG Gordola	0:38'25.34		25						
69	A	Matteo Cutunic	89	---	0:38'34.53		26						
70	V1	Michele Ren	72	ASCO	0:38'38.88			23					
71	<b>D</b>	<b>Gloria Giudici</b>	87	Atl. Rovellasca	0:38'41.81						<b>3</b>		
72	V1	Maurizio Bugna	64	Atl. Cent. Lario	0:38'42.97			24					
73	<b>V3</b>	<b>Mario Maffongelli</b>	51	SFG Stabio	0:38'44.06					<b>2</b>			
74	A	Christian Fonti	84	---	0:38'45.81		27						
75	V2	Brunello Aprile	57	Frecce Gialle	0:38'49.00				10				
76	<b>V3</b>	<b>Antonello Bolla</b>	50	Atl. Cent. Lario	0:38'51.66					<b>3</b>			
77	V1	Marco Zanetti	70	AS Monteceneri	0:38'55.69			25					
78	A	Maurizio Dellea	81	AS Monteceneri	0:38'57.00		28						
79	A	Massimo Cassai	82	---	0:39'09.22		29						
80	<b>D40</b>	<b>Loredana Rossi</b>	72	SAB	0:39'13.25							<b>3</b>	
81	V3	Dino Bersacola	49	RCB	0:39'14.31					4			
82	V1	Roberto Casavecchia	73	---	0:39'17.44			26					
83	D	Barbara Trabucchi	81	---	0:39'21.59						4		
84	V2	Daniele Scotti	62	Bike Ticino	0:39'25.94				11				
85	A	Lorenzo Clementi	82	---	0:39'34.44		30						
86	V1	Paolo Borsani	67	---	0:39'36.53			27					
87	V1	Italo Coen	65	VIGOR	0:39'41.91			28					
88	A	Lorenzo Pawlowski	90	O-92	0:39'47.25		31						
89	A	Maurizio Pozzoni	78	---	0:39'50.94		32						
90	V1	Nicola Zambelli	69	Unitas	0:39'54.78			29					
91	V1	Rinaldo Franchi	71	---	0:39'59.00			30					
92	J	Manuele Ren	01	ASCO	0:40'01.78	8							
93	V2	Claudio Santamaria	60	SPL	0:40'03.15				12				
94	V1	Fabrizio Franchi	67	Tommy Sport	0:40'10.28			31					
95	V1	Giancarlo Scacchi	67	Teambike	0:40'11.91			32					
96	V1	Rocco Guidotti	71	---	0:40'15.28			33					



Rango	Cat.	Nome Cognome	Anno	Società	Tempo	U20M	M20	M40	M50	M60	W	W35	W45
97	D40	Patrizia Besomi-Piattini	72	USC	0:40'19.88							4	
98	A	Samuele Scotti	74	Teambike	0:40'21.28		33						
99	V1	Mauro Cappellari	71	SAB	0:40'24.18			34					
100	J	Fernando Berni	00	Moesa Runner	0:40'30.62	9							
101	V1	Stefano Gübeli	65	USC	0:40'31.75			35					
102	V3	Sergio Dattrino	47	RCB	0:40'33.53					5			
103	V1	Luca Manetti	73	---	0:40'38.88			36					
104	V1	Riccardo Gabusi	64	SAM	0:40'41.69			37					
105	V2	Nelson Candolfi	59	SPL	0:40'43.06				13				
106	V2	Soccorso Cresta	56	SAM	0:40'46.34				14				
107	V1	Attilio Camponati	71	---	0:40'48.00			38					
108	A	Nicola Nesa	93	---	0:40'51.12		34						
109	V1	Fabio Rosati	71	---	0:40'53.97			39					
110	V1	Ralph Trippel	68	---	0:40'55.34			40					
111	V1	Stefano Premoli	65	---	0:41'04.28			41					
112	V1	Davide Conca	70	---	0:41'05.50			42					
113	V1	Giacomo Pesenti	66	USC	0:41'15.25			43					
114	A	Alessandro Beffa	84	---	0:41'21.12		35						
115	D	Barbara Lucchini	80	---	0:41'23.28						5		
116	V1	Peter Müller	70	---	0:41'25.38			44					
117	V3	Sergio Mona	50	RCB	0:41'28.72					6			
118	<b>D50</b>	<b>Claudia Mazzuchelli</b>	62	O-92	0:41'32.72								<b>1</b>
119	D	Sofia Besomi	99	USC	0:41'33.97						6		
120	V1	Marco Alliata	66	---	0:41'36.18			45					
121	V2	Giorgio Muri	55	Moesa Runner	0:41'37.59				15				
122	V3	Sandro Pedretti	51	GP Leventina	0:41'38.28					7			
123	D	Lisa Conza	83	SAM	0:41'39.43						7		
124	V1	Giorgio Rossi	70	Azienda Mondò	0:41'49.88			46					
125	V2	Ettore Mini	59	USC	0:41'51.03				16				
126	D	Coline Herren	86	---	0:41'55.06						8		
127	A	Alessandro Sia	84	---	0:41'59.31		36						
128	V2	Fiorenzo Ardia	58	USC	0:42'03.06				17				

Rango	Cat.	Nome Cognome	Anno	Società	Tempo	U20M	M20	M40	M50	M60	W	W35	W45
129	V1	Pascal Campana	70	USC	0:42'04.75			47					
130	V3	Antonio Rossi	52	Centro Mövat	0:42'12.06					8			
131	A	Maurizio Ferretti	77	---	0:42'14.47		37						
132	D	Claudia Andreazzi	82	RCB	0:42'17.72						9		
133	V3	Walter Soldati	51	---	0:42'26.38					9			
134	J	Felipe Pedrazzini	00	ASCO	0:42'28.94	10							
135	V3	Giancarlo Airoidi	51	---	0:42'30.28					10			
136	V1	Omar Silva	69	USC	0:42'34.18			48					
137	V1	Enzo Degiorgi	66	Quadrifoglio	0:42'45.28			49					
138	A	Lauro Marchesi	85	---	0:42'46.66		38						
139	V1	Silvano Traversi	68	---	0:42'49.88			50					
140	D40	Paola Engelhardt	64	Centro Mövat	0:42'51.12							5	
141	A	Lorenzo Rovelli	88	---	0:42'52.78		39						
142	V1	Marco Bernasconi	67	SAM	0:42'59.47			51					
143	V1	Umberto Caflisch	64	SPL	0:43'04.28			52					
144	A	Davide Sarinelli	88	---	0:43'08.28		40						
145	V2	Daniele Giudici	61	---	0:43'28.94				18				
146	V1	Michele Clinco	65	---	0:43'30.50			53					
147	A	Davide Manni	80	AS Monteceneri	0:43'31.75		41						
148	V3	Renato Capezzoli	43	SAM	0:43'47.03					11			
149	A	Sigi Altendorfer	83	USC	0:43'48.34		42						
150	V1	Giuseppe Martino	68	---	0:44'08.78			54					
151	A	Eric Pongelli	85	USC	0:44'26.91		43						
152	V3	Giacomo Galbusera	53	Moesa Runner	0:44'29.12					12			
153	V1	Tiziano Pedrazzoli	71	Azienda Mondò	0:44'38.84			55					
154	A	Andri Cloetta	76	USC	0:44'41.91		44						
155	J	Feliciano Pawlowski	95	O-92	0:44'43.06	11							
156	A	Alan Hofer	78	---	0:44'47.88		45						
157	V1	Luca Schwank	71	GOLD Savosa	0:44'51.69			56					
158	D50	<b>Patrizia Rusca</b>	60	Co Aget	0:44'53.81								<b>2</b>
159	A	Stefano Reiser	89	USC	0:44'55.31		46						
160	D50	<b>Maria Soldini</b>	52	USC	0:44'59.66								<b>3</b>

Rango	Cat.	Nome Cognome	Anno	Società	Tempo	U20M	M20	M40	M50	M60	W	W35	W45
161	A	Mattia Sironi	89	---	0:45'03.00		47						
162	A	Roberto Ferrari	89	---	0:45'05.12		48						
163	V1	Michele Bagnoli	71	---	0:45'09.28			57					
164	D40	Katharina Wangler	67	RCB	0:45'12.81							6	
165	D40	Marzia Beltraminelli	65	ASCO	0:45'14.97							7	
166	D40	Gabriella Quadri	65	ASCO	0:45'15.72							8	
167	J	Marco Delorenzi	99	STT Bellinzona	0:45'17.06	12							
168	V2	Ivan Rossi	57	---	0:45'21.12				19				
169	D40	Patrizia Papais	73	---	0:45'25.06							9	
170	V1	Oscar Croci	73	USC	0:45'30.88			58					
171	V2	Francesco Kliner	58	SAM	0:45'34.18				20				
172	V2	Diego Bianchini	57	Canottieri Ceresio	0:45'38.06				21				
173	D	Katia Bossi	75	Moesa Runner	0:45'40.12						10		
174	V2	Tiziano Crotta	63	---	0:45'43.12				22				
175	V1	Stefano Lorenzetti	69	Swiss Running	0:45'44.44			59					
176	V1	Sergio Zappa	67	Frecce Gialle	0:45'48.12			60					
177	V1	Christian Ballabio	68	---	0:45'58.00			61					
178	D	Francesca Tomasini	74	---	0:46'01.53						11		
179	V3	Stefano Manetti	51	AS Monteceneri	0:46'09.91					13			
180	D	Kalinka Berger	81	---	0:46'13.25						12		
181	V2	Alessandro Pawlowki	60	O-92	0:46'14.59				23				
182	D40	Daniela Berti-Riggi	67	RCB	0:46'21.81							10	
183	A	Mirko Belotti	75	---	0:46'32.56		49						
184	D	Laura Moretti	76	GAB	0:46'33.59						13		
185	D	Barbara Conrad	77	RCB	0:46'41.06						14		
186	V3	Raymond Perret	47	---	0:46'46.78					14			
187	D50	Carla Bolis	59	O-92	0:46'48.06								4
188	D	Federica Gianola	94	GOLD Savosa	0:46'49.41						15		
189	V1	Flavio Pesciallo	69	---	0:46'52.38			62					
190	V3	Luigi Nonnella	51	VIRTUS	0:46'57.38					15			
191	J	Tommaso Besomi	02	USC	0:47'03.28	13							
192	V1	Roberto Martignoli	67	SPL	0:47'11.47			63					

Rango	Cat.	Nome Cognome	Anno	Società	Tempo	U20M	M20	M40	M50	M60	W	W35	W45
193	V2	Oscar Toscanelli	62	ASCO	0:47'21.97				24				
194	A	Stefano Rizzolio	77	---	0:47'26.06		50						
195	V3	Remo Fransioli	42	GP Leventina	0:47'27.59					16			
196	D50	Kordula Dattrino	59	RCB	0:47'33.81								5
197	D40	Sara Delucchi	67	Unitas	0:47'36.06							11	
198	V2	Héctor Garcia	63	---	0:47'55.59				25				
199	A	Nemorino Gianotti	74	USC	0:47'57.00		51						
200	V1	Raffaele Gornetti	67	---	0:47'59.12			64					
201	D40	Pilar Espi	64	RCB	0:48'18.62							12	
202	V1	Michele Bernardoni	66	---	0:48'19.91			65					
203	A	Omar Carbognani	84	Volabass	0:48'21.81		52						
204	V1	Michele Camnasio	71	---	0:48'23.00			66					
205	D40	Alessandra Bernasconi Hau	73	Centro Mövat	0:48'37.22							13	
206	V2	Danilo Fonti	55	---	0:48'38.59				26				
207	D40	Iris Von Wartburg	64	Centro Mövat	0:48'48.31							14	
208	V1	Lorenzo Orsi	70	---	0:48'50.50			67					
209	V2	Massimo Marchesi	58	---	0:48'51.84				27				
210	D	Noemi Inderst	95	GOLD Savosa	0:49'03.75						16		
211	D40	Lara Zambelli	71	---	0:49'43.84							15	
212	V2	Marco Pongelli	55	AS Monteceneri	0:49'47.38				28				
213	A	Samuel Bralla	78	USC	0:49'52.62		53						
214	A	Nicolò Guidotti	88	Azienda Mondò	0:49'53.97		54						
215	V2	Sandro Grarpi	61	---	0:49'58.94				29				
216	V3	Nicola Carenini	47	RCB	0:50'00.25					17			
217	D40	Cristina Ren	73	ASCO	0:50'06.12							16	
218	D	Barbara Tunesi Schwank	75	ASCO	0:50'07.44						17		
219	A	Timothy Prospero	78	---	0:50'20.81		55						
220	V2	Roberto Pestoni	57	RCB	0:50'22.53				30				
221	V2	Antonio Kocsis	59	ASCO	0:50'26.66				31				
222	V3	Armando Ardia	49	USC	0:50'34.53					18			
223	V2	Jean Meier	61	Quadrifoglio	0:50'36.18				32				
224	D	Muriel Hendrichs	83	Volabass	0:50'40.28						18		

Rango	Cat.	Nome Cognome	Anno	Società	Tempo	U20M	M20	M40	M50	M60	W	W35	W45
225	D	Luana Pongelli	84	---	0:50'41.50						19		
226	V2	Romano Löhner	62	USC	0:50'47.69				33				
227	A	Manuel Fibbioli	91	FC Stella	0:50'56.62		56						
228	D40	Silva Lanfranchi	67	RCB	0:50'59.06							17	
229	J	Alex Del Fede	99	ASCO	0:51'00.44	14							
230	V2	Paolo Beltraminelli	61	ASCO	0:51'13.41				34				
231	D40	Antonella Daldini	68	SAM	0:51'34.31							18	
232	V2	Mario Pasquali	63	---	0:51'35.88				35				
233	D40	Teresa Ferrari	66	boboteam	0:51'40.06							19	
234	A	Sancio Hug	75	---	0:52'03.53		57						
235	A	Manuel Gamper	83	Sci club Capriasca	0:52'07.25		58						
236	V1	Marco Del Fede	70	ASCO	0:52'27.18			68					
237	V3	Gianni Donati	48	USC	0:52'28.56					19			
238	D50	Heidi Bousoni Tanner	48	SPL	0:52'29.81								6
239	D50	Mechthil Morawietz	62	---	0:52'44.78								7
240	V2	Umberto Odermatt	58	SPL	0:52'54.16				36				
241	D	Zuleika Carenini	77	RCB	0:53'38.91						20		
242	D	Giulia Ghielmetti	84	Sci club Rodi Fies	0:54'13.00						21		
243	V2	Adriano Laudato	54	SPL	0:54'29.66				37				
244	A	Gioacchino Noris	83	Sci club Rodi Fies	0:54'50.03		59						
245	D50	Romana Crotti	57	RCB	0:54'52.18								8
246	V2	Domenico Fraschina	59	---	0:55'15.94				38				
247	J	Noè Toscanelli	02	USC	0:55'26.47	15							
248	V1	Pierluigi Brazzola	66	ASCO	0:55'32.84			69					
249	V1	Stefano Bernardoni	65	USC	0:55'34.15			70					
250	A	Giacomo Fransioli	84	---	0:55'35.31		60						
251	V1	Massimo Micarelli	70	---	0:55'36.72			71					
252	V3	Waldo Ponzio	44	RCB	0:55'44.18					20			
253	D	Silvia Casagrande	83	---	0:56'23.34						22		
254	V3	Giorgio Fontana	47	Santi Mo/SO	0:56'33.59					21			
255	V2	Demetrio Carotti	63	---	0:56'36.59				39				
256	A	Marzio Besomi	87	USC	0:58'31.25		61						

Rango	Cat.	Nome Cognome	Anno	Società	Tempo	U20M	M20	M40	M50	M60	W	W35	W45
257	V3	Heinz Flück	47	---	0:58'52.44					22			
258	V3	Sebastiano Carpentieri	39	Polisp.Campione	1:00'04.00					23			
259	V2	Massimo Janni	62	---	1:03'16.59				40				
260	V3	Edmund Ermertz	37	Runner's club Tici	1:04'08.12					24			
261	V3	Giulio Dorico	36	---	1:20'48.84					25			
262	A	Gioele Pellegrini	84	USC	1:21'48.97		62						
263	A	Claudio Pacchiani	88	USC	1:21'49.87		63						
264	A	Daniele Pacchiani	81	USC	1:21'50.81		64						
265	D50	Nicoletta Moser Maffioli	63	---									
266	V2	Gabriele Zanzi	63	ASCO									
267	J	Elia Toscanelli	99	USC									